



TRANSPORTATION | • Take non-stop flights because the major carbon emissions come from takeoff and landing. • Bike or walk as much as possible to throw less carbon based pollutants into the air and enjoy the scene along the way! • Take public transportation which produces less pollution. • Choose a hybrid car if car-renting is the more preferred option.



LODGING | • Bring your own toiletries instead of using single-use items. Keep using the prepackaged toiletries throughout the trip after you have started. • Follow the hotels' housekeeping guidelines to help save water and detergent. Let them wash only those towels you wanted. • Sort your wastes according to the hotels' recycling programmes. • Search and book an ecofriendly lodging online from websites such as *EnvironmentallyFriendlyHotels.com*.



CLOTHING | • Pack light as the vehicles need higher fuel consumption to transport heavy luggage. • Pack multiple thin layers of clothes for travelling as it takes up less space and layer clothing offers more flexibility than bulky clothes for travelling in cold weather. • Bring fabrics for long trips because they can be washed easily and dried quickly.



MEALS | • Bring your own reusable water bottle and cutlery. • Buy and eat locally as it generates less carbon emissions in transportation. • Eat wisely and finish your dishes!

Want to learn more?

Read these sources of information:



Top 10 Green Travel Tips - <https://goo.gl/RVDTV5>
from *Travel Channel*



Green Travel Resources - <https://goo.gl/sVLuLm>
from *Independent Traveler.com*



How Low-impact Can You Go? - <https://goo.gl/DeDIRM>
from *Travel+Leisure*

