

## Junior Researcher Mentoring Programme

Code:	JRMP2023_23
School / Department:	Department of Applied Social Sciences
Name of Research Team Member(s):	Dr Yu Lu, Assistant Professor Dr Zhu Xiaoqin, Assistant Professor
Research Topic:	Family Resilience of Hong Kong Low-income Families with Adolescent Children: The Role of Positive Youth Development Attributes
Short Description of the Research Project:	Low-income families in Hong Kong have been confronting unprecedented life challenges since the outbreak of COVID-19. Although previous research has revealed family resilience plays a significant role in enabling these families to withstand and rebound from adversity and maintain adaptive family functioning in poverty, there is a lack of understanding about how low-income families with adolescent children in Hong Kong adapt to the challenges associated with the pandemic and demonstrate resilience, particularly under emerging social stresses in the post-pandemic era.  The study aims to:  1) identify different profiles of family resilience demonstrated
	by low-income families with adolescent children in Hong Kong after the first three years of the pandemic and examine the characteristics of highly resilient families;  2) investigate the relationship between adolescents' positive youth development and their family resilience; and  3) delineate the pathways of how low-income families and their adolescent children adapted to the disturbance following the pandemic and the interplay of these adaptive

	pathways.  A mixed-method three-wave longitudinal design will be adopted. Secondary school students from low-income families and their major caregivers will be invited to complete a questionnaire survey about the individual and family resilience characteristics. Highly resilient families and families with low resilience will be invited to participate in an in-depth interview following the survey.  In this project, participating students will be involved in
	literature review, preparation of questionnaire and interview protocol, data collection, input, and analysis, and school report preparation. Students will be provided with training on basic research skills and academic writing.
No. of Places Offered:	2
Frequency of Meetings:	Bi-weekly
Special Requirement(s):	Nil
Remarks:	Participating students should be interested in applied social sciences (psychology, social work, education, social policy, etc.) and with good statistical knowledge.

<sup>\*</sup> The information presented above is subject to change.