Cinci Leung

Cinci Leung is a Hong Kong registered Chinese medicine practitioner, founder of CheckCheckCin, and a mother of two. She graduated from Pepperdine University with a bachelor's degree in Business Administration, then went onto graduate from the University of Hong Kong with a bachelor's degree in Chinese medicine. She also obtained a master of science in acupuncture from the Chinese University of Hong Kong. Cinci is also the author of the best-selling book series "Chinese Healing



Soups 1,2&3". Cinci integrates Western concepts with Chinese medicine theories to simplify traditional Chinese medicine. Using different channels to promote the concepts of preventive healthcare, she hopes that the public can easily learn to make adjustments in their diet to improve their health.