

EDC<sup>4</sup> Educational Development Centre 教學發展中心 LEARNING TO LEARN

# LEARNING TO LEARN TOOLS USER MANUAL



https://www.polyu.edu.hk/L2L

### Learning to Learn Self-Assessment

LOGOUT

Name:		
Student ID: etcheung		
SELF-ASSESSMENT	REFLECTION	REPOR

TAKE THE SELF-ASSESSMENT VIEW RECORDS

Rate yourself on 12 aspects of L2L. Click on the Level (1-5) that best describes you.

#### 1. Sense of Purpose

Level 1 I see learning as a task or duty; I learn because I am told or forced to do so; I do not associate with what I learn.

Level 2 (Between Level 1 and 3)

Level 3 I see learning as a means to an end; I learn for achieving short-term and medium-term goals; learning becomes a personal matter to me as I begin to discover or form my aspirations.

Level 4 (Between Level 3 and 5)

Level 5 I see learning as a process of becoming; I learn for achieving long-term personal aspirations and a deep sense of purpose; learning is a personal matter for me.

After successful login, you should see this on the screen.

Three functions: Self-Assessment, Reflection and Report. Click on the one that you want to proceed. The text of the selected function will turn blue.

For Self-Assessment, you can select Take the Self-Assessment or View Records. The button of the selected one will turn dark grey.

### Learning to Learn Self-Assessment

LOGOUT

Name:

Student ID: etcheung

SELF-ASSESSMENT REFLECTION REPORT

TAKE THE SELF-ASSESSMENT VIEW RECORDS

Rate yourself on 12 aspects of L2L. Click on the Level (1-5) that best describes you.

#### 1. Sense of Purpose

Level 1 I see learning as a task or duty; I learn because I am told or forced to do so; I do not associate with what I learn.

Level 2 (Between Level 1 and 3)

**Level 3** I see learning as a means to an end; I learn for achieving short-term and medium-term goals; learning becomes a personal matter to me as I begin to discover or form my aspirations.

Level 4 (Between Level 3 and 5)

Level 5 I see learning as a process of becoming; I learn for achieving long-term personal aspirations and a deep sense of purpose; learning is a personal matter for me.

To take the self-assessment, you are required to click on the level that best describes you for all 12 learning to learn aspects or components. The selected level will turn dark grey.

3

Level 4 (Between Level 3 and 5)

**Level 5** I see group work as an opportunity for the co-creation of knowledge; I establish rapport and engage openly and constructively in discussions with others.

#### 12. Engaging in Augmented Learning Environment

Level 1 I see learning as confined to the classroom and the study materials.

Level 2 (Between Level 1 and 3)

Level 3 I recognise that learning is not confined to the classroom; I actively explore resources and opportunities for learning in the broader physical, virtual and social environment.

Level 4 (Between Level 3 and 5)

Level 5 I actively expand and create learning environment by visiting places, making good use of learning management tools and establishing personal network for learning.

SUBMIT





Learning	teach); I have little control over my own motivation.	3)	have some control over my own motivation.	5)	apply a range of strategies.
8. Emotion & Resilience	I often feel helpless with the stress and frustration from studying; I give up easily when facing setbacks.	(Between Level 1 and 3)	I become more aware of the factors that trigger the negative emotions in me; I have developed some strategies to cope with them.	(Between Level 3 and 5)	I deploy various strategies to prevent or manage my negative emotions; I persist through difficulties and stressful situations.
9. Higher-Order Thinking	I learn and study for examination; I mainly learn by memorising the materials.	(Between Level 1 and 3)	I learn and study for understanding; I learn by comparing, analysing, relating and applying ideas.	(Between Level 3 and 5)	I learn and study for deep understanding; I learn through reflection, critique, theorising, creating new ideas and solving problems, etc.
10. Understanding Learning	I do not understand about learning.	(Between Level 1 and 3)	I see group work as an opportunity to learn from each other; I actively contribute to group discussions.	(Between Level 3 and 5)	I see group work as an opportunity for the co-creation of knowledge; I establish rapport and engage openly and constructively in discussions with others.
11. Learning with & from Others	I see group work primarily as a division of labour; I seldom interact with others.	(Between Level 1 and 3)	I see group work as an opportunity to learn from each other; I actively contribute to group discussions.	(Between Level 3 and 5)	I see group work as an opportunity for the co-creation of knowledge; I establish rapport and engage openly and constructively in discussions with others.
12. Engaging in Augmented Learning Environment	I see learning as confined to the classroom and the study materials.	(Between Level 1 and 3)	I recognise that learning is not confined to the classroom; I actively explore resources and opportunities for learning in the broader physical, virtual and social environment.	(Between Level 3 and 5)	I actively expand and create learning environment by visiting places, making good use of learning management tools and establishing personal network for learning.

COMPARE	RESET			
= ID	Submission Time			
<b>V</b> 18	2022-08-22 07:20:45			
17	2022-08-22 07:18:11			
16	2022-08-21 04:00:15			
14	2022-08-19 06:53:22			
8	2022-08-18 02:08:34			
2 rows selec	oted	1-5 of 7	<	>

When you scroll down, you should see this toolbox. Select two self-assessments and press the 'compare' button to compare the results.



#### 2022-08-22 07:20:45 2022-08-18 02:08:34

Current Status					
1. Sense of Purpose	I see learning as a task or duty; I learn because I am told or forced to do so; I do not associate with what I learn.	(Between Level 1 and 3)	I see learning as a means to an end; I learn for achieving short-term and medium-term goals; learning becomes a personal matter to me as I begin to discover or form my aspirations.	(Between Level 3 and 5)	I see learning as a process of becoming; I learn for achieving long-term personal aspirations and a deep sense of purpose; learning is a personal matter for me.
2. Meaning Making	I often feel the subjects that I am studying are irrelevant to myself academically, professionally and personally.	(Between Level 1 and 3)	I actively explore the relationships among different subjects and the connections between my study and my personal development.	(Between Level 3 and 5)	I give meanings to what I am learning by associating it with what matters to me or what I want to achieve in my life.
3. Personal Beliefs about Learning	I am not confident in my ability to learn; I believe my ability is fixed and effort does not make much difference.	(Between Level 1 and 3)	I become more confident in my ability to learn; I believe my ability can be developed and effort makes a difference; I tend to face challenges positively, make an effort and do not	(Between Level 3 and 5)	I am confident in my ability to learn; I engage in learning with a sense of control and continuously seek to develop my ability; I embrace challenges, value effort and am resilient

Then, it will show two self-assessment results together. The more recent one will be in yellow, whilst the less recent one in purple.



## Learning to Learn Self-Assessment

LOGOUT

Name:
Student ID: etcheung
SELF-ASSESSMENT REFLECTION REPORT
WRITE REFLECTION VIEW RECORDS
B I U S C SAVE
tftyu9b <b>t6tv</b> if6hopdwdWWip: 😔
bgybuyb <u>ttvbuhbuhb</u> 76rd5exfih <i>yg8yecy</i>

The second function is Reflection.

You can choose Write Reflection or View Records.

In this space, write your reflection note on your learning to learn self-assessment result or compared results. Press the 'save' button to save your reflection note.

## Learning to Learn Self-Assessment

Name:

Student ID: etcheung

SELF-ASSESSMENT REFLECTION REPORT

#### Survey Result

Select the self-assessment result(s) to display in the report. Select two results for comparison.

	ID	Submission Time					
	18	2022-08-22 07:20:45					
	17	2022-08-22 07:18:11					
	16	2022-08-21 04:00:15					
	14	2022-08-19 06:53:22					
	8	2022-08-18 02:08:34					
					1-5 of 7	<	>
Refle	ction	Result					

Select the reflection(s) that you want to include in the report.

LOGOUT

### The third function is Report.

You can select a specific self-assessment result or compared results of two self-assessments and any of your reflection notes to display in your report.

ID Submission Time

 $\square$ 

	ID	Submission Time					
<u>~</u>	18	2022-08-22 07:20:45					
	17	2022-08-22 07:18:11					
	16	2022-08-21 04:00:15					
	14	2022-08-19 06:53:22					
<u>~</u>	8	2022-08-18 02:08:34					
2 rows	s selected	i .			1-5 of 7	<	>

### **Reflection Result**

Select the reflection(s) that you want to include in the report.

E ID	Submission Time				
9	2022-08-21 04:01:18				
8	2022-08-21 04:00:42				
6	2022-08-18 02:34:46				
1 row selected			1-3 of 3	<	>



🛃 EXPORT

### Learning to Learn Self-Assessment

REPORT



Student ID: etcheung

SELF-ASSESSMENT REFLECTION

TAKE THE SELF-ASSESSMENT VIEW RECORDS

Rate yourself on 12 aspects of L2L. Click on the Level (1-5) that best describes you.

#### 1. Sense of Purpose

Level 1 I see learning as a task or duty; I learn because I am told or forced to do so; I do not associate with what I learn.

LOGOUT

Level 2 (Between Level 1 and 3)

**Level 3** I see learning as a means to an end; I learn for achieving short-term and medium-term goals; learning becomes a personal matter to me as I begin to discover or form my aspirations.

Level 4 (Between Level 3 and 5)

Level 5 I see learning as a process of becoming; I learn for achieving long-term personal aspirations and a deep sense of purpose; learning is a personal matter for me.

Remember to press the 'logout' button and close your browser after every use, especially if you are using a public computer.