

Subject Code	RS3490 (with contribution from CLC academic staff)
Subject Title	FOUNDATION IN TRADITIONAL CHINESE MEDICINE FOR OCCUPATIONAL THERAPY PRACTICE
Credit Value	3
Level	3, Year 3 – Semester 1
Pre-requisite / Co-requisite/ Exclusion	Nil
Objectives	<ol style="list-style-type: none"> 1. Demonstrate an understanding of the meaning of East-meet-West integration which would inspire new ways of thinking and practice; and 2. Acquire ways of promoting personal health through an understanding of the practice of traditional Chinese health maintenance techniques and traditional Chinese therapeutics. 3. Enhance students' Chinese competence to cope with the workplace communication requirements relative to the professional training that will also facilitate life-long learning.
Intended Learning Outcomes	<p><i>Upon completion of the subject, students will be able to:</i></p> <ol style="list-style-type: none"> a. outline the key theoretical concepts of Traditional Chinese Medicine (TCM) which is evolved from traditional Chinese philosophy; b. describe “disease prevention - health maintenance” and “health maintenance – rehabilitation” perspectives of TCM; c. demonstrate a basic understanding of the traditional Chinese “health maintenance – rehabilitation” therapeutic modalities; d. relate the integration of TCM into Occupational Therapy practice from theoretical perspective; and e. demonstrate an understanding of the possible applications of TCM within the Occupational Therapy context to the rehabilitation of different clients groups which are commonly seen in Occupational Therapy Practice. f. develop effective communication skills in Chinese (Chinese writing across discipline; give oral presentation for experts and layman).
Subject Synopsis/ Indicative Syllabus	<ol style="list-style-type: none"> 1. Foundation theoretical systems of TCM: <ol style="list-style-type: none"> a. Foundation theoretical framework of TCM based on traditional Chinese philosophy including: Qi, Yin Yang, Wu Xing (the five-element theory). b. Foundation knowledge of human structure in TCM including: Zangfu; Meridians; Jin; and Qi, blood and Essence of Life and Spirit. c. Holistic view of diseases in TCM: basic concepts in aetiology, pathogenesis, diagnosis, differential diagnosis, treatment principles and treatment modalities. d. Integration of foundation theoretical framework of TCM into the theories of Occupational Therapy. 2. Application of selected branches of “health maintenance – rehabilitation” techniques of TCM: <ol style="list-style-type: none"> a. Tui Na as a hands-on-body treatment modality. b. Various forms of Health Qigong, Tai Chi Ch’uan as health maintenance exercises. c. Therapeutic acupoints techniques such as acupuncture and acupressure. d. Knowledge in basic Chinese Materia Medica. e. Other TCM therapeutics adjunctive to Occupational Therapy. 3. Application of TCM to rehabilitation of the following client groups in primary health care, acute care, chronic disease management in the community, including: <ol style="list-style-type: none"> a. Neurological diseases and psychiatric illness: e.g. stroke, depressive

	<p>disorder.</p> <p>b. Circulatory and respiratory diseases: e.g. hypertension, chronic obstructive pulmonary disease.</p> <p>c. Orthopaedic and traumatic conditions: e.g. fractures.</p> <p>4. Chinese writing and oral presentation for practical communication in various contexts.</p> <p>5. Professional related literacy in Traditional Chinese Medicine.</p> <p>6. Chinese writing for professional activities</p>																																														
Teaching/Learning Methodology	<p>Students will have the opportunity to explore the basic philosophy, theory, concepts and systems of TCM in the applied context of the classroom setting, drawing on their experiential learning and independent study experiences.</p> <p>This subject would embed Chinese communication study which in turn meets the discipline-specific language requirement in Chinese</p> <p>The subject will motivate the students' active participation by assigning group collaboration, individual presentation, and group discussion. Teaching materials will be presented in both printed mode and audio-visual mode. For the training of accuracy in written and spoken Chinese, students will be supplemented with materials in self-access manner. Teacher consultation will be offered to the students depending on individual needs.</p>																																														
Assessment Methods in Alignment with Intended Learning Outcomes	<table border="1"> <thead> <tr> <th rowspan="2">Specific assessment methods/tasks</th> <th rowspan="2">% weighting</th> <th colspan="6">Intended subject learning outcomes to be assessed</th> </tr> <tr> <th>a</th> <th>b</th> <th>c</th> <th>d</th> <th>e</th> <th>f</th> </tr> </thead> <tbody> <tr> <td>Presentation</td> <td>30</td> <td>√</td> <td>√</td> <td>√</td> <td>√</td> <td>√</td> <td>√</td> </tr> <tr> <td>Written assignment</td> <td>40</td> <td>√</td> <td>√</td> <td>√</td> <td>√</td> <td>√</td> <td>√</td> </tr> <tr> <td>Practical Test</td> <td>30</td> <td></td> <td></td> <td>√</td> <td>√</td> <td>√</td> <td></td> </tr> <tr> <td>Total</td> <td>100 %</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table> <p>Experiential learning, case studies, class discussion and student seminars will be used to enhance their learning and integration of TCM concepts in clinical practice of Occupational Therapy.</p>	Specific assessment methods/tasks	% weighting	Intended subject learning outcomes to be assessed						a	b	c	d	e	f	Presentation	30	√	√	√	√	√	√	Written assignment	40	√	√	√	√	√	√	Practical Test	30			√	√	√		Total	100 %						
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Reading List and References	<p>李德新 刘燕池 (主編) (2012) 中医学高級丛书 - 中医基础理论 第2版 「十一五」国家重点图书 人民卫生出版社 ISBN-978-7-117-13896-3/R.13897</p> <p>鄭洪新 (2016). 中医基础理论 全国中医药行业高等教育 “十三五” 规划教材. 全国高等中医药院校规划教材 (第十版). 中国中医药出版社. ISBN : 9787513236065</p> <p>賴東淵, & 許昇峰 (2018). 中醫學概論 華杏出版股份有限公司. ISBN/識別</p>																																														

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