

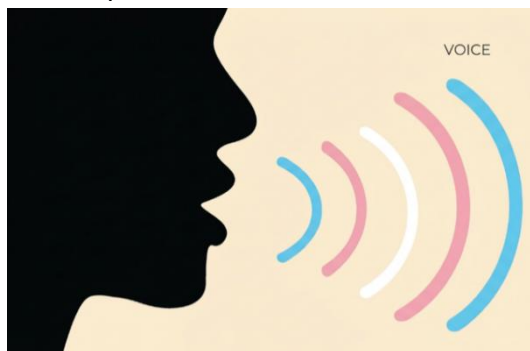
Speech Therapy Unit Voice Training Series

(Course code: VOICE-202610)

Gender Affirming Voice Course

FREE
for PolyU
staff/student/
dependant

Voice is important for transgender and gender-diverse individuals' quality of life. In daily communication, a voice that matches our gender identity is essential. This gender affirming voice course is grounded in evidence-based practice to provide personalized voice training for transgender and gender-diverse individuals who wish to have a gender congruent voice. The program will assess participant's current voice, teach techniques to adjust the femininity or masculinity of a voice, guide participants to finding a gender congruent voice, and help prevent voice-related problems.



Course structure: 1 session of voice assessment & 4 sessions of voice therapy (50 min/session, one-on-one)

Target participants: adults diagnosed with gender dysphoria or individuals who want to align their voice and communication style with their gender identity

Instructors: the training will be planned and conducted by student clinicians from the PolyU Speech Therapy programme and supervised by qualified Speech Therapist with extensive clinical experience

Medium of instruction: Cantonese, English or Mandarin

To register: please call or WhatsApp the Speech Therapy Unit. We will confirm your registration by phone.

Note:

1. All sessions are to be audio- and video- recorded for internal teaching and follow-up purposes.
2. If we are unable to conduct face-to-face sessions, we will contact you for feasible arrangements (including but not limited to online teletherapy).

Dates & Time

Assessment Date

31/10/2026

Training Dates

14/11 , 21/11 , 5/12 , 12/12/2026
(Sat: 1000-1050 or 1100-1150)

Location

Speech Therapy Unit

Fees

HK\$200 (5 sessions)

Speech Therapy Unit
Room EF701, PolyU, Hung Hom, Kowloon.

Enquiry
Tel/ WhatsApp: 3400 3636

Email: speech@polyu.edu.hk

Monday - Saturday
0900-1300 1400-1800

Closed on Sundays and public holidays