

Estill Voice Training® Workshops

Using science to teach voice

Estill Voice Training® teaches isolated control of individual anatomical structures within the voice production system. It emphasizes voluntary control of 13 parts of the vocal mechanism with a particular focus on vocal health and aesthetic freedom. When you master the basic movements of healthy vocal function, you unlock endless possibilities in your voice and develop kinesthetic awareness of your patient's voice. You will be able to feel what parts of structures they are using to produce the disordered voice, so you know exactly which structures to aim at and how you want them to move in order to produce a clear and healthy voice again.

Estill Voice Training® combines explicit instruction with visual feedback, diagrams, video endoscopy of the vocal folds, auditory sound files, and kinesthetic exercises. It puts the scientific theory into concrete practice to maximize voice control for your speaking, your singing, and your health.

Estill Voice Training® exercises support sustained vocal health and vitality, and EVT principles are used in therapy around the world to rehabilitate injured voices. The Figures for Voice™ provide therapists and patients with a focused, goal-based approach to treatment. It also provides a common language to therapists, medical doctors and vocal coach to communicate accurately and efficiently on voice production and therapy.

Presenter



Angela Lee

Certified Estill Master Trainer and Speech Therapist

Ms. Angela Lee obtained her Bachelor of Science in Speech and Hearing Sciences from The University of Hong Kong and qualified as a speech therapist. She later received her Master of Science degree in Stroke and Clinical Neurosciences from The Chinese University of Hong Kong. Ms. Lee has extensive clinical speech therapy experience; she also serves as clinical educator, supervising student speech therapists' work with a range of clients. With special interest in voice disorders, Ms. Lee pursued Estill Voice Training® and certified as Estill Master Trainer. She had experiences in teaching voice internationally, including Australia, Singapore, Korea and Hong Kong.



WHEN

Workshop 1: 30 Apr 2022 (Sat)

Workshop 2: 3 May 2022 (Tue)

WHERE

The Hong Kong Polytechnic University
Hung Hom, Kowloon

(All participants must have received at least two doses of COVID-19 vaccine for PolyU campus access unless they have medical proof from a medical practitioner that they are unfit for COVID-19 vaccination)

ENROLMENT DEADLINE

8 Apr 2022 (Fri)

Early Bird: on or before 18 Mar 2022 (Fri)

Workshop 1

Workshop Title:	Introduction to Estill Voice Training®
Workshop Description:	This 1-day introductory workshop will take you through the key concepts of Estill Voice Training® and its distinct advantages to voice training and voice therapy, both in speaking and singing. It helps you to train your own voice to produce various voice qualities, explore endless vocal possibilities and helps you to identify problems more quickly and accurately in your therapy/teaching. The session will include: <ol style="list-style-type: none">1. What is Estill Voice Training®2. Overview of figures and voice qualities3. Small group figure practices4. Q&As
Date:	30 Apr 2022 (Sat)
Time	10:00 to 17:00; with a one-hour lunch break
Venue:	The Hong Kong Polytechnic University
Workshop Fee:	HK\$1,200 HK\$1,000 for Early Bird applications received on or before 18 Mar 2022 (Fri)
Medium of Instruction:	Cantonese supplemented by English; study materials in English only
Prerequisite:	None
Certification:	Certificate of Attendance

Workshop 2

Workshop Title:	Introduction to Figures and Application of Estill Voice Training® for Voice Therapy
Workshop Description:	If you are a speech therapist/voice specialist with interest in finding effective ways to rehabilitate a disordered voice, and add practical voice therapy tools to your therapy toolbox, Estill Voice Training® offers the scientific and practical tools you need. This 1-day workshop looks at the application of Estill Voice Training® for clinical voice/speech therapy. It is aimed specifically at speech therapists/voice specialist. The session will include: <ol style="list-style-type: none">1. Overview of Estill model and figures frequently used in voice therapy2. Introduction to a hierarchy of skills to support remediation and vocal health3. Demonstration on vocal function assessment and therapy techniques with Estill Voice Training® on real patient4. Q&As
Date:	3 May 2022 (Tue)
Time	10:00 to 17:00; with a one-hour lunch break
Venue:	The Hong Kong Polytechnic University
Workshop Fee:	HK\$1,600 HK\$1,300 for Early Bird applications received on or before 18 Mar 2022 (Fri)
Medium of Instruction:	Cantonese supplemented by English; study materials in English only
Prerequisite:	1-day workshop on Introduction to Estill Voice Training®, or 5-day Estill Voice Training® Level 1 and 2 course
Certification:	Certificate of Attendance

Enquiries

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Online Application