Health Services

The University Health Service (UHS), which is also a clinic accredited for training Family Physicians, provides a comprehensive range of primary health care for all full-time students, staff and their dependents, eligible retirees and emeritus professors at Campus Clinic including:

- Consultation on, diagnosis of, and counselling for medical and mental problems, treatment and provision of medications;
- Health education through campaigns, wellness programmes and activities, exhibitions, classes, pamphlets, electronic media and self-help health screening stations;
- Health surveillance via basic laboratory investigations and health advice;
- Well women health care e.g. PAP smear, Bone Densitometry for Osteoporosis;
- Chronic disease management programmes e.g. Hypertension and Diabetes Mellitus Comprehensive Complication Screening Programmes;
- Minor operative treatment;
- Nursing services;
- Emergency care (including out-reach care on campus);
- Travel health e.g. Health advice and vaccination for travel;
- Certification of Health Examinations;
- Childhood and Adult Immunisations;
- Traditional Chinese Medicine Clinics; and
- Referral and co-ordination of secondary and tertiary health care.

There is an in-house laboratory in the Clinic, which provides a comprehensive range of investigations for primary health care, such as urine and stool routine tests and microscopy, as well as blood tests (including haematological, biochemical tests, serology and certain cancer markers). It lends support to both clinical and anticipatory care. Pulse-air tonometer for glaucoma assessment and resting ECG (Electrocardiogram) for cardiac assessment are also accessible in UHS.

Furthermore, our State of the Art Digital Radiography suite in UHS provides on-site diagnostic general radiography service to assist in rapid diagnosis and allow One-Stop-Shop Service. In-house DEXA bone densitometer for osteoporosis assessment are also available.
UHS has put a great emphasis on Health Promotion, Health Education and Anticipatory Care. To achieve this, UHS acts on appropriate opportunities for health promotion and disease prevention initiatives, and enlists the cooperation of patients to minimise life-style disease. Therefore, our effort is made to disseminate the health information on epidemics, to promote preventive activities for screening and control of communicable and non-communicable disease, such as influenza vaccination, woman health vaccination, travel health vaccination, mental health promotion, cancer prevention, cardiovascular risk, obesity and metabolic syndrome management have been ongoing targeted preventive medicine topics at UHS.

UHS has put great effort and emphasis on the use of the Internet as an effective health communication medium. The UHS website is upgraded with user-friendly self-booking service, either to make medical appointments or to enrol in our health education activities. Moreover, updated information on health education activities and health talk presentation materials are regularly uploaded for browsing and downloading.

UHS has been an early adopter of e-Health and there is extensive use of information technology and we are actively preparing to participate in territory wide e-Health initiatives by the Food and Health Bureau, HKSAR Government, Department of Health and the Hospital Authority. UHS has joined the ePR (electronic Patient Record) Project, government vaccination subsidy schemes, Health Care Voucher Scheme and Primary Care Directory. Consultation in UHS is streamlined by electronic medical records and paper-lite operation with proven security and back-up system. Since mid-2013, our UHS computer system has been successfully migrated to the PolyU Cloud Infrastructure with added security and reliable service.

The Campus Clinic has been renovated, expanded and upgraded in the past few years. New facilities including self-booking system, isolation zone for infectious disease, multifunction area for health talks and health promotion, and an upgraded sick bay area are already installed. Our Traditional Chinese Medicine Clinic has been expanded since July 2014, providing herbal medicine, acupuncture and bone setting services. Health Assessment and Disease Prevention Services will also be further enhanced with the recent clinic expansion, including the new Women’s Health Clinic and Travel Health Clinic.

UHS aims to excel as a Primary Health Care Centre serving the PolyU community.

Primary dental care is also available through the on-campus Student and Staff Clinic.
The Optometry Clinic run by the School of Optometry provides primary eye care consultations, spectacle and contact lens dispensing services as well as low vision service. The Clinic also provides specialty workups including high myopia, macular, glaucoma, diabetic retinopathy and vision therapy for binocular vision and perception anomalies. Annual number of patient visits is around 30,000. There are also two satellite clinics offering clinical training to our students and eye care services to the public. The campus clinic holds the Centre for Myopia Research where myopia control clinical trials and research are being undertaken.

The School of Nursing is dedicated to becoming a lead advocate of healthcare innovations and integrative health. With the support of The Hong Kong Polytechnic University, the Centre for Smart Health (S.Health), the Integrative Health Clinic (IHC), and the PolyU-Henry G. Leong Mobile Integrative Health Centre (MIHC) were established to provide innovative models of healthcare delivery for the public and the nursing professionals.

The Centre for Smart Health (S.Health) is devoted to research and development towards smart health through innovations and technology. The endeavour is multifaceted. First, research into primary and preventive healthcare models and the implementation through outreach community services is a main focus. The Centre also strives to enhance the quality of health care and the effectiveness of healthcare delivery by capitalising biomedical and healthcare informatics.

The IHC and MIHC were established in 2003 and 2007 respectively to provide holistic and preventive primary health care services to the general public. The services integrate Eastern and Western nursing therapeutics, and alternative interventions to achieve the optimal healing results. Their strength also lies in the School’s determination to apply modern information technology to the promotion of health.

The IHC is a centre for nursing research, education and health services. We apply conventional nursing concepts, adhere to evidence-based practice, adopt an interdisciplinary approach, and integrate Western and Eastern health care modalities to offer integrative health management and health protection services in one convenient clinic.

The MIHC is housed within a vehicle that tours around selected districts of Hong Kong to provide free health monitoring services, evidence-based healthcare and social care for needy elderly. The ultimate aim of the MIHC is to promote healthy aging and improve the quality of life of the aged. This service model is the first of its kind in Hong Kong. The MIHC leverages information technology to facilitate and streamline the delivery of the health care services with various information systems. In addition to health services,
teaching and research are also conducted with MIHC as a platform.

The School believes that health care of the 21st century should move forward from the conventional cure-centered healthcare model to holistic and preventive care approaches. It is hoped that the establishment of the innovative integrative health centres could bring new changes to the healthcare development in Hong Kong.

The Rehabilitation Clinic managed by the Department of Rehabilitation Sciences endeavors to provide three major scopes of services – rehabilitation services, clinical education and support to clinical research.

In view of the public needs towards the rehabilitation services, the Clinic provides quality physiotherapy and occupational therapy services to students, staff of PolyU as well as the Hong Kong community. The Clinic is professional in services ranging from on-site rehabilitation, on-field services, and primary health care seminars to specialised consultancy services. For Physiotherapy, the Clinic serves clients with musculoskeletal problems (such as neck and back pain, and those sports injuries) as well as neurological disorders like stroke and Parkinson’s disease. The clients will be managed by using state-of-the-art equipment with innovative treatments that are underpinned by research findings of the Department. Specialised services including lower limb assessment, Pilates and Gyrotonic exercise programs are incorporated into the Clinic service. The Occupational Therapy services cover the provision of assessment and treatment for children with developmental and learning difficulties as well as consultation for school teachers and parents. It also provides splinting rehabilitation for musculoskeletal dysfunctions and neurological rehabilitation. The Dr and Mrs Lui Che Woo Special Centre for the Knee was established to provide research and services on knee rehabilitation since 2009.

To enhance the public awareness towards primary health care, the Clinic has regularly organized health care workshops for commercial and public sectors, preventive and remedial education seminars for elite athletes.

The Rehabilitation Clinic also concentrates the effort in contributing to clinical education to nurture the undergraduate and postgraduate students of the Department. The Clinic provides clinical placements, bedside teaching and clinical attachments to our students from the physiotherapy and occupational therapy streams of the Department. The provision of clinical placement is not only limited to our own students but further extended to overseas students from countries like Australia, Canada, Finland, Singapore, Taiwan and United States of America through close alliance with the Department. Furthermore, the Clinic arranges clinical attachments and visits for the medical professions from the Chinese mainland. To further uphold
the principle of evidence-based practice, the Clinic has been working closely with the Department in order to facilitate translational research activities conducted by our academic staff.

Jockey Club Rehabilitation Engineering Clinic (JCREClinic) is one of the clinics at The Hong Kong Polytechnic University. This clinic is able to draw on the University’s immense expertise and advanced facilities to address the needs of the clients and the community. It aims to provide holistic clinical services for clients who need prostheses, orthoses (including custom-made orthopaedic insoles), functional electrical stimulation and robotic rehabilitation training, assistive technologies (including special seating and mobility, computer access, augmentative and alternative communication) and spinal deformity assessment (using Scolioscan: radiation-free 3D ultrasound scoliosis assessment system). The clinic also provides specialist consultation and information resources to the community. In addition, the clinic also offers education and training for biomedical engineering students of The Hong Kong Polytechnic University.
PolyU’s ‘Technical Library’

PolyU IC is a ‘Technical Library’ equipped with a complete collection of engineering facilities, equipment and technologies for staff and students to realise their research and project activities. It also provides hands-on learning activities for students to enhance their engineering knowledge and technical capabilities to further pursue their studies or dreams. The ‘IC experience’ plays an important role in engineering education.

IC is the only establishment of its kind among the local 8 UGC-funded universities and therefore it also provides service to other local UGC-funded universities. Some of our major users include The Hong Kong Polytechnic University (PolyU), The Hong Kong University of Science & Technology (HKUST), The Chinese University of Hong Kong (CUHK), City University of Hong Kong (CityU), The University of Hong Kong (HKU) and The Open University of Hong Kong (OUHK).

IC has 6 technical streams and a research centre specialising in core and contemporary engineering and technological areas such as Additive Manufacturing, Digital Manufacturing, Electronics, Intelligent Automation, Composites, Fabrication, Building Services, Safety, Construction, Design Realization and Aviation Maintenance Repair & Overhaul. These technologies are well-blended and integrated into different hands-on learning activities offered to engineering and civil engineering students as well as students of other fields, including Textiles & Clothing, Health Technology & Informatics and Design.

Learning & Teaching

Like nowhere, IC offers a multi-disciplinary open environment where students join its well-planned and designed learning activities to integrate engineering skills and knowledge for real life problems. These activities, mostly hands-on in nature, are effective ways to stimulate and inspire students’ passion in engineering and enrich their undergraduate experience. They tie theory and exciting hands-on experimenting activities which enable and inspire students to actively learn and explore engineering knowledge. The ‘IC Experience’ plays an important role in engineering education. It is not simply an interesting experience to students during their studies but also paves a concrete foundation to our students’ future career. Examples of these learning activities include engineering hands-on practice, integrated engineering projects, work-integrated manufacturing projects and engineering project competitions.
Around 60 academic programmes offered by local universities and college adopted IC’s hands-on learning and teaching subjects and activities in their programme curriculum, benefitting approximately 3,000 students each year. Majority of these programmes are from engineering/civil engineering. IC also offered its own sub-degree programme Higher Diploma in Aircraft Services Engineering in partnership with Hong Kong Community College (HKCC).

In addition to academic teaching and hands-on learning activities, IC also takes its strength and niche to contribute different support to PolyU’s Science, Technology, Engineering and Mathematics (STEM) learning and Service Learning activities. Each year hundreds of students participate in different General University Requirements (GUR) & Cluster Area Requirements (CAR) subjects and Freshman Seminar. Through these activities and technical demonstrations, students learn and explore STEM and its applications in real life and different disciplines. In recent years, IC actively supports a number of Service Learning activities, providing guidance and supports to hundreds of students on delivery of engineering project of large and small scale as a community service in Hong Kong and China. Examples of Service Learning projects support include campus and IT facilities improvement for schools and charity organizations in Hong Kong and Heyuan, designing STEM learning kits for primary/secondary school students and farming improvement project in Sichuan.

**Research & Incubation**

IC not only possesses a collection of engineering facilities and equipment but also a pool of expertise in different engineering disciplines. Many students have made the best use of IC facilities and expertise to pursue and realise their engineering innovations, research or even business ideas. Likewise you will also find academics and researchers making use of IC facilities and expertise in pursuing and realising their R&D projects and scholarly activities. IC not just offers technical help but also provides valuable advice or even networking to both students and staff members.

IC has supported and realised many successful research projects, including Sampling and Packing System (SSPS) for Chang’e-5 Lunar Probe, Camera Pointing System (CPS) for Chang’e-3 Lunar Probe and Soil Preparation System (SOPSYS) for Phobos-Grunt Mission in collaboration with PolyU ISE, Novel Brain Training Device for Stroke Patient in collaboration with PolyU BME, 3D Printed Surgical Guides in collaboration with local medical schools and hospitals. IC also extended its engineering support to the industry and the community. Some of the examples include Air Traffic Control Console Improvement Study in collaboration with HKSAR Civil Aviation Department (CAD), Acid Deposition Monitoring Network in
collaboration with HKSAR Environmental Protection Department (EPD), Mobile Detrainment Ladder for MTR and Novel Multiple-axis Machining of Turbine Blades in collaboration with Hong Kong Aero Engine Services Limited (HAESL).

**Knowledge Transfer**

IC is an active provider of knowledge transfer activities. It offers knowledge transfer activities and continuing education courses for the community and industry, including different levels of industrial safety courses for industrial practitioners and professional technical skills upgrading course for companies specialised in engineering, aviation maintenance, repair and overhaul (MRO), infrastructure building and energy supply. IC is an approved training centre of the Hong Kong Institution of Engineers (HKIE) Graduate Scheme A Training and therefore its hands-on learning activities are recognised as part of the HKIE Graduate Scheme A Training. In response to the increasing need for development of modern industrial engineering education in Chinese mainland, IC also provides tailor-made programmes for Mainland institutions. Institutions from different provinces and cities have been sending their senior officials and teachers to undertake train-the-trainer programme offered by us. In fact, IC has established close relationship with universities in Chinese mainland since 1980’s. Over 40 industrial training centres in Chinese mainland were modelled after us.

**Aviation Research**

IC has established Hong Kong’s first Aviation Services Research Centre (ASRC) in collaboration with giant aerospace company, Boeing. Phase one facilities are now in full operation. It works intimately with Boeing and local MROs in implementations of advanced MRO technologies and methodologies. Those implementations will be new to MRO industry and have the potential to drastically improve quality, throughput and efficiency for the whole aviation industry. To promote and support the development of aviation & MRO services industry in Hong Kong, we have recently offered a Higher Diploma in Aircraft Services Engineering (HD in ASE) in collaboration with Hong Kong Community College (HKCC) with first cohort in 2015/16.
Information Technology Services

The Information Technology Services Office (ITS) provides co-ordinated IT support services to the University in different strategic service areas to facilitate effective teaching, learning, research, administrative and communication functions.

Teaching, Learning and Research Support Services

A number of central computers are deployed for use by students and staff to support their academic and research activities. Resources are also exclusively allocated to the high performance computing services and research data storage in support of research activities. A large variety of software packages and online services on scientific applications, engineering, computer languages, collaboration and online survey tools, management system, and statistical applications are installed in these central computer systems to support the wide spectrum of disciplines and activities in the University. A common Learning Management System is adopted to facilitate and support eLearning and Blended Learning in the University. Over 520 personal computers (PCs) are housed in the Central Student Computer Centre on campus. These PCs, equipped with multimedia facilities, are connected to local networks for shared access to a wide range of software and printing facilities. They are also connected to the campus network backbone for access to the University’s central computer systems. The University has also established a Virtual Student Computer Centre (vSCC) for use by students which allows student access from anywhere, at any time, on any device including computers, notebooks, mobile devices running Windows or Mac OS. This experimental facility provides all essential software and personal online storage for students. Students are invited to use the facility and suggest how it can be improved for them. PCs with Internet access are also provided in all general teaching rooms and lecture theatres. Network access to international and national research networks can also be arranged for research purpose upon request.

Administrative and Information Support Services

Administrative application development and project management services are provided to departments and faculties in support of their major administrative initiatives. A wide range of ‘e-services’ have been implemented for students and staff to provide 7 x 24 self-help services in areas including computer accounts management, personal data enquiry and update, facility booking, subject registration, and examination result enquiry. The administrative computing infrastructure (ACI) is dedicated to support the University’s broad range of central administrative systems.
Network and Communications Support Services

A variety of network and communications services are available to students and staff. These include the University Portal, electronic mail, network storage, personal web publishing, multi-party web conferencing tool, IP telephony and Internet connection which facilitate communication among students, staff and the outside world. Life-long e-mail service is also provided to students, alumni and retirees. The University’s central IT and network facilities operate 24 hours a day. Fixed/Wireless network outlets are available in all the lecture theatres, classrooms and also at convenient public areas on campus to facilitate students’ convenient access to the central IT facilities. Network connection points are also provided in the Student Halls of Residence. In addition, wireless access has been extended to off-campus sites at various public places in Hong Kong, and to tertiary institutions both locally and internationally.

Systems Infrastructure Support Services

The University Data Centres which house the central academic and administrative computers are operated 7 x 24 to support the business operations of the University. The centralised storage services provide a secured and high availability environment to store and backup the University data. The Network Shared Folder (NSF) service is provided to department as a native windows file service protected by central backup/restore facilities. The PolyU Home Drive service is another individual file service for students and staff. Server colocation service and PolyU cloud services are provided to departments for hosting their applications for teaching, research and administration. Leveraging the system infrastructure services can minimise departments’ efforts in operating their own IT infrastructure and to achieve Green IT.

End User Support Services

A wide range of customer services are provided to students and staff to support their daily work. They can seek advice and assistance on the use of the University’s IT facilities and services through the Help Centre and Hotline (2766 5900). These requests can also be made electronically through the Help Centre Online Tracking Service (HOTS) - a web-based system for reporting and checking the progress of enquiries anytime anywhere. Support request for using the learning and teaching technology at lecture theatres and classrooms can be directed to the hotline 2766 6302. Monthly training programmes on the use of the University IT facilities and services as well as popular software tools are offered to staff. Web development and consultancy services are also provided to support the website development projects of departments.
An electronic newsletter - ‘Get Connected’ is published monthly to bring the latest IT news and developments on campus to students and staff. Comprehensive information on the central IT facilities and services provided by ITS are publicised in the Student/Staff Handbook on IT Facilities and Services available under the ITS website.

In using the University IT facilities and services, student and staff users are required to observe the Acceptable Use Policy (AUP) for University Information Technology Facilities and Services and the PolyU information security policies and standards which can be found in the ITS website. (http://www.polyu.edu.hk/its).
Library Services

The Pao Yue-kong Library is a six-storey, purpose-designed building with a net area of 16,666 square metres. It provides approximately 3,860 seats among which about 30% are for collaborative study.

With total Library holdings reaching 5 million in February 2016, the Library houses extensive collections covering a wide range of disciplines. In the digital age, the Library places a priority in the provision of electronic resources to support learning and research needs. Via the Library Homepage, you can access a multitude of electronic resources including over 2.7 million e-books and 68,100 full-text electronic journal titles, an extensive collection of national and international standards, statistical databases, electronic theses, newspapers, multimedia and self-directed learning resources. Over 30,000 journal articles and conference papers published by PolyU academic staff and researchers are also accessible via the PolyU Institutional Research Archive.

The Library’s wealth of digital resources continues to grow with notable acquisitions of major full-text databases include Factiva, IEEE/IEE Electronic Library, IHS Standards Expert, Science Direct, SciFinder, Scopus, Springer LINK Online Libraries, Web of Science, Westlaw, Wiley Online Library, Chinamaxx Digital Libraries (中文集獻), Duxiu Academic Search (讀秀中文學術搜索), 文淵閣四庫全書電子版, 民國時期期刊全文數據庫 (1911-1949). There is a wide choice of online video and audio databases such as Academic Video Online and Naxos Online Music Library, and images databases such as ARTstor Digital Library. A growing number of electronic resources are now mobile-friendly. For details and instructions, please visit https://www.lib.polyu.edu.hk/databases/mobile-friendly.

The OneSearch discovery platform allows users to search and discover Library resources in all formats, check loan records and place book reservations and online renewals. Users can also perform the searches anywhere anytime via smartphones or handheld devices. Purchase recommendations, enquiries and suggestions can be submitted to the Library via the Library Homepage. Latest information on library services and opening hours can also be found on the Library Homepage. Users can make use of the Hong Kong Academic Library Link (HKALL) to borrow books directly from other UGC libraries.

To supplement the Library’s extensive holdings, Interlibrary Loan and Document Delivery Services with local, mainland and overseas libraries/document suppliers and resource sharing systems, including the British Library, RapidI LL, as well as the OCLC network are available. These services are available to academic staff, postgraduate students and eligible
undergraduate students. Higher degree and UGC-funded postgraduate non-degree students may apply for a JULAC Library Card for admittance to the libraries of UGC-funded institutions and borrow books. UGC-funded undergraduate degree students at PolyU are also eligible to apply for a JULAC Library Card for reader access to the other UGC-funded libraries. Applications should be made at the Circulation Counter.

Experienced professional librarians are always happy to help users, from selection and acquisition of library materials to providing research support such as literature search, locating subject related materials and make use of relevant research tools. To facilitate users to develop information skills and make strategic and effective use of information resources, the Library organizes a wide variety of topical workshops, such as utilising reference management tools and mastering database search techniques. Students and staff are also welcome to request specific workshops based on their information needs. Additionally, the Library prepares various types of online instruction aids including subject research guides and bite-size online tutorials. The Online Information Literacy Programme accessible from the Library Homepage enables students to acquire essential information skills at their own pace. Users who need assistance on their study or research may also make an appointment to meet Faculty Librarians. Onsite enquiry assistance is available at the various Library Help Desks. Users are also welcome to approach the team of student rovers for assistance in using library services and facilities. WhatsApp a Librarian service is available from 9 am to 7pm (Mon–Sat) and from 12noon to 7pm (Sun/Public holidays), when Library opens.

Other facilities in the Library include a 24-hour Study Centre, discussion zones, group study rooms, a Multimedia Commons providing loans of audiovisual materials as well as different audio-visual equipment and graphic computers, a studio for video production, research carrels for private study, a room for students with special needs, wireless network, battery charging stations, a 24-hour Book Drop, an express book return facility, network printers, a 3D printer, colour printers and plotters, photocopiers, equipment for binding, and a 24-hour hotline for enquiry.
Student Services and Amenities

To support students’ learning and holistic development, a wide range of programmes, activities and services are available to meet students’ developmental needs in various aspects including career development, broadening of knowledge, cultural appreciation, ethical and social responsibility, physical fitness, self-management and psychological wellness as well as social and interpersonal effectiveness. Such programmes and services are provided by Centre STARS (Student Advancement and Resources) under the Dean of Students.

Centre STARS (Student Advancement and Resources)

Centre STARS strives to contribute significantly to the all-round development of students and to nurture them into graduates who are critical thinkers, effective communicators, innovative problem solvers, lifelong learners and ethical leaders. Our wide range of services and facilities are intentionally designed and delivered to enable students to benefit most from the university life and to foster the optimum living and learning environment that enhances the sense of community at PolyU.

Careers and Placement Services

The Office of Careers and Placement Services (CAPS) aim to provide a link between employers and students to optimise students’ career plans. We offer comprehensive career guidance, resources and services to PolyU students, including the following:

• Career development and training programmes to help students identify career interests, prepare for workplace requirements and hone their job searching skills

• Personal and small group career coaching and guidance to optimize students’ career plans

• Local, mainland Chinese and International internship opportunities for the fulfilment of Work-Integrated Education requirements

• Meeting and networking with prospective employers to learn about graduate job opportunities at recruitment talks, career fairs and industry seminars
• Various internship opportunities, graduate permanent placements and career information to be posted on the PolyU Job Board at www.polyu.edu.hk/caps/jobboard

To find out more about CAPS’ service, please go to www.polyu.edu.hk/caps

Counselling Services

Individual and group counselling services aim to enhance students’ psychological well-being and personal effectiveness in order to derive maximum benefits from their university experiences.

Our professionally trained counsellors strive to facilitate students’ growth and development through helping to set goals and face problems related to academic, social, personal and career concerns. Counselling is free of charge and all information disclosed is kept in strict confidence. Students are welcome to make bookings at http://www.polyu.edu.hk/poss/studentcounselling@polyu.edu.hk/ 27666800/ Walk-in at ST 314.

Centre STARS Programmes

The PolyU Orientation Programme is conducted for all new full-time undergraduate students. It consists of a President’s Welcome, Faculty/School’s Orientation Session, and Orientation Info Day.

It helps the freshmen to better understand university life and cultivates their interest in setting personal goals leading to a meaningful and rewarding university life.

The Peer Mentoring Programme (PMP) is a campus-based scheme designed to assist in the social, personal and academic acclimation to PolyU by pairing new undergraduate students with outstanding senior students who act as mentors in the first semester. The senior students are trained as peer mentors. They assist freshmen with experiencing a smooth transition through providing support and care. The sense of responsibility and leadership of senior students is also fostered. There is a new component in PMP this year, named “Master Your Growth” (MYG) scheme, which aims at enhancing mentees’ self-understanding and skills in goal setting. Through camp and professional coaching, participants would breakthrough their comfort zone and further turn their plans into actions.

The Learning Enhancement Programme (LEP) It is designed to assist students with achieving their academic goals. It aims to equip students with skills and confidence in becoming effective and independent learners.
Through joining the programme, students can acquire effective learning strategies and a positive learning attitude. LEP provides comprehensive learning support services such as learning and study strategies assessment, study skills workshops, small workshops or individual coaching and peer tutoring.

The **Mental Health Caring Project (MHCP)** The programme aims to promote mental health awareness and enhance students’ psychological wellness. It also equips a group of committed students as mental health ambassadors with basic mental health knowledge and helping skills. With our support and guidance, the ambassadors foster the mental health well-being on campus through organizing a variety of psychological wellness activities, workshops and booths.

The **International Student Ambassador Scheme (ISAS)** aims to groom students for global citizenship. Through a combination of developmental programmes, funds for global engagements and opportunities for intercultural exposure, students are expected to develop global vision, intercultural skills, a sense of belonging towards PolyU as well as a passion to grow individually and contribute to the community. Such a group of students is also a catalyst in promoting integration amongst local and non-local students on campus.

**Sports Skill Training (SST)** A wide variety of sports skill training courses are organized at elementary, improvement and intermediate levels for full-time students, providing an opportunity for them to develop an interest in sports and to acquire the habit of consistently maintaining and improving their physical well-being.

**Sports team training programmes** provide opportunities for full-time students to demonstrate their sports talents and compete in inter-varsity, national, and international competitions.

**Co-curricular Achievement Transcripts (CAT)** are issued to students as an official recognition of their co-curricular development and achievements in PolyU. All PolyU students (excluding HKCC and SPEED) may preview their CAT records anytime at http://www.polyu.edu.hk/stars/poss. Application for official CAT can be made through the same online facility.

**Student Amenities**

Most sports facilities and all amenities of the University are centrally located on campus. The **Shaw Sports Complex** provides a variety of indoor sports facilities including ‘Sports Hall No.1’ for basketball, volleyball, handball and badminton; a multi-purpose ‘Sports Practice Hall’ for badminton,
judo, karate, taekwondo and volleyball; fitness rooms, a table-tennis room, two golf practice bays, an activity room and two roof-top tennis courts. The nearby ‘Fong Shu Chuen Hall’ provides a multi-purpose sports hall for basketball, volleyball, badminton and archery. Sports facilities for basketball, badminton, squash, volleyball, indoor soccer and dancing are also available at the Kwong On Jubilee Sports Centre in the Communal Building. Adjacent to the Shaw Sports Complex is the Michael Clinton Swimming Pool which is open to all students for recreational and sports activities. There is also a fitness room at W205.

In addition to the sports facilities on campus, the Joint Sports Centre in Kowloon Tong, jointly owned by The Hong Kong Polytechnic University, City University of Hong Kong and Hong Kong Baptist University, provides additional sports facilities for soccer, tennis, golf, basketball, volleyball, handball and athletics.

The Shaw Amenities Building, the Communal Building and activity rooms in Block Z house the amenities for various kinds of student activities.

The Chiang Chen Studio Theatre, with 244 seats, is located on the ground floor of the Chung Sze-yuen Building. The venue is suitable for conferences, talks, seminars, forums, performances, recitals, ceremonies, film shows and various other activities.

Purposely built to provide a cultural hub for students, the 1,025-seat Jockey Club Auditorium is a specially designed multi-purpose venue for the hosting of conferences, seminars, ceremonies as well as musicals, chamber music, dramas, dances, variety shows, film shows, mini concerts, etc. Apart from providing a performing venue on campus, the Auditorium’s spacious Entrance Foyer and Amphitheatre offer perfect venues for all sorts of indoor and outdoor performances, exhibitions, receptions and gatherings.

With its unique ancient classical theatre design, this facility is second to none amongst other venues in town. From structural to technological designs, all minute details have been carefully planned including provision of spacious legroom and wheelchair user spaces.

**Student Halls of Residence**

The Student Halls of Residence (Hunghom) and the Student Halls of Residence (Homantin), established in 2002 and 2012 respectively, offer a total of 4,674 hostel places for students, with fair facilities and environments conducive to their pursuit of academic excellence and all-round development through experiencing hall community life.