

Subject Description Form

Subject Code	APSS616																	
Subject Title	Recovery and Emotionality in Mental Health Practice																	
Credit Value	3																	
Level	6																	
Pre-requisite / Co-requisite/ Exclusion	Nil																	
Assessment Methods	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 50%;">100% Continuous Assessment</th> <th style="width: 25%;">Individual Assessment</th> <th style="width: 25%;">Group Assessment</th> </tr> </thead> <tbody> <tr> <td>1. Self Reflective Journal</td> <td style="text-align: center;">20%</td> <td style="text-align: center;">-</td> </tr> <tr> <td>2. Seminar Presentation</td> <td style="text-align: center;">-</td> <td style="text-align: center;">20%</td> </tr> <tr> <td>3. Agency Attachment and Practice Wisdom Project</td> <td style="text-align: center;">20%</td> <td style="text-align: center;">-</td> </tr> <tr> <td>4. Term Paper</td> <td style="text-align: center;">40%</td> <td style="text-align: center;">-</td> </tr> </tbody> </table>			100% Continuous Assessment	Individual Assessment	Group Assessment	1. Self Reflective Journal	20%	-	2. Seminar Presentation	-	20%	3. Agency Attachment and Practice Wisdom Project	20%	-	4. Term Paper	40%	-
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<ul style="list-style-type: none"> The grade is calculated according to the percentage assigned; The completion and submission of all component assignments are required for passing the subject; and Student must pass all the components if he/she is to pass the subject. 																		
Objectives	<ol style="list-style-type: none"> 1. To equip students with advanced knowledge, concepts in the recovery and related emotions of persons with mental illness. 2. To facilitate students with upfront and international trends in mental health practice and psychiatric social work development. 3. To consolidate student's practice wisdom in helping clients' recovery from their mental problems/illnesses. 4. To enable students' practice competence in facing complicated emotions for persons with various types of mental illnesses. 5. To discuss and articulate various dilemmas, controversies, challenges and opportunities of social work professions in the recovery of clients with mental problems/ illnesses. 																	

<p>Intended Learning Outcomes</p>	<p>Upon completion of the subject, students will be able to:</p> <ol style="list-style-type: none"> a. equip students with advanced knowledge, concepts in the recovery and related emotions of persons with mental illness. b. facilitate students with upfront and international trends in mental health practice and psychiatric social work development. c. consolidate student’s practice wisdom in helping clients’ recovery from their mental problems/illnesses. d. enable students’ practice competence in facing complicated emotions for persons with various types of mental illnesses. e. discuss and articulate various dilemmas, controversies, challenges and opportunities of social work professions in the recovery of clients with mental problems/ illnesses.
<p>Subject Synopsis/ Indicative Syllabus</p>	<ol style="list-style-type: none"> 1. Ideologies of Mental Health Services and Practice <ol style="list-style-type: none"> a. From Institutionalization to De-institutionalization b. Rehabilitation and Training c. Biochemical treatment and genetic determinants d. Community Care and Community Mental Health e. Normalization and Integration f. Post modernistic and Anti-oppressive Articulation g. Social Inclusion and Consumer Advocacy h. The Recovery Movement 2. Recovery: Movement, Concept and Practice <ol style="list-style-type: none"> a. Recovery as Clients’ Subjective Experience, Mutual Help and Self Help, Clients’ Self Direction, Clients’ Strengths and Resilience, Clients’ Advocacy and Consumer Rights, Discourse with Multi-disciplinary Practice, Evidence Based Dialogue b. Unresolved Issues and Cultural Articulation 3. Emotionality: A Comprehensive Articulation <ol style="list-style-type: none"> a. From Emotion to Emotionality: Complexity and Comprehensiveness b. Emotionality and the following concepts: <ul style="list-style-type: none"> • Meaningfulness of life • Self System • Moral Judgment • Cognition • Reflectivity • Body • Desire • Social Roles and Functioning

- Power and Position
- Social Discourse

c. Articulation and Interpretation of Mood, Affect, Sense and Feeling

4. Emotionality and Persons with Mental Illness

- a. Blunt Affect and Sense of Boredom in Chronic Schizophrenia
- b. Confusion, Fear and Paranoid in Paranoid Schizophrenia
- c. Fear, Anxiety and Avoidance in Anxiety Disorder
- d. Sadness, Anger and Emptiness in Depressive Disorder
- e. Elated Mood and Grandiosity in Bipolar Disorder
- f. Impulsivity, Irritability of Mood in Borderline Personality Disorder
- g. Manipulation of Explosive Anger and Fear in Antisocial Personality Disorder
- h. Emotion Diffusion, Dissociation and Distortion in Mental Illness
- i. Affective Bond and Emotional Attachment in Persons with Mental Illness
- j. Emotional and Moral Dilemmas of Family Caregivers for Persons with Mental Illness

5. Recoverability and Emotionality on Mental Health Practice: Controversies, Opportunities and Challenges

- a. Professionals' Stance Vs Clients' Directedness
- b. Subjectivity Vs Objectivity
- c. Diagnosis & Assessment Vs Understanding and Interaction
- d. Evidence Based Measurement Vs Clients' Narration and Experiences
- e. Biochemical Interpretation Vs Psychosocial Articulation
- f. Clinical Roles Vs Advocacy Roles
- g. Co-morbidity and Changeability of Mental Illness Vs Mutual Exclusive Diagnosis
- h. Language of Psychopathology: Power, Position and Discourse

6. Recoverability and Emotionality: Controversies, Opportunities and Challenge for Social Work Practice with Persons with Mental Illness

- a. Recoverability, Emotionality and the following practised:
 - Empowerment
 - Hope
 - Love and Intimacy
 - Clients' Self Determination
 - Clients' Self Respect
 - Clients' Right and Responsibility
 - Clients' Resilience
 - Professional Practice Wisdom
 - Professional Reflectivity
 - Professional Authority

Teaching/Learning Methodology	<p>Recoverability and emotionality start with professionals' own awareness of their own subjective experiences, emotions, resilience, strengths and weaknesses so that professionals can relate clients with mental illness in an empathic, genuine and holistic way. Thus, in this subject, apart from learning of related concepts and knowledge about recoverability and emotionality of persons with mental illness, students' self reflection on their emotions, resilience in facing life difficulties, practice experiences and feelings in facing clients as well as relatives and friends are regarded as starting point for consolidating their understanding, communication and intervention with clients with mental problems.</p> <p>Direct contact and agency attachment with clients with mental illness are required in seminar topics and related assignments to facilitate students' crystallization of related theories and practice in articulating the recoverability and emotionality of persons with mental illness.</p> <p>Finally, as a doctoral level practice course, students are required to articulate both international and local scenes; integrate practice and theories; interpret both subjective and objective paradigm; symphonize controversies, dilemmas and argument; as well as evolve personalized practice competence in enhancing emotionality and recoverability of persons with mental illness.</p>																																																					
Assessment Methods in Alignment with Intended Learning Outcomes	<table border="1" data-bbox="431 915 1432 1556"> <thead> <tr> <th rowspan="2">Specific assessment methods/tasks</th> <th rowspan="2">% weighting</th> <th colspan="5">Intended subject learning outcomes to be assessed (Please tick as appropriate)</th> </tr> <tr> <th>a</th> <th>b</th> <th>c</th> <th>d</th> <th>e</th> </tr> </thead> <tbody> <tr> <td>1. Self Reflective Journal</td> <td>20%</td> <td>√</td> <td>√</td> <td>√</td> <td>√</td> <td>√</td> </tr> <tr> <td>2. Seminar Presentation</td> <td>20%</td> <td>√</td> <td>√</td> <td>√</td> <td>√</td> <td>√</td> </tr> <tr> <td>3. Agency Attachment and Practice Wisdom Project</td> <td>20%</td> <td>√</td> <td>√</td> <td>√</td> <td>√</td> <td>√</td> </tr> <tr> <td>4. Term Paper</td> <td>40%</td> <td>√</td> <td>√</td> <td>√</td> <td>√</td> <td>√</td> </tr> <tr> <td>Total</td> <td>100%</td> <td colspan="5"></td> </tr> </tbody> </table> <p>Explanation of the appropriateness of the assessment methods in assessing the intended learning outcomes:</p> <p>Because of all these students can reach the level of an advanced practitioner in social work practice.</p>							Specific assessment methods/tasks	% weighting	Intended subject learning outcomes to be assessed (Please tick as appropriate)					a	b	c	d	e	1. Self Reflective Journal	20%	√	√	√	√	√	2. Seminar Presentation	20%	√	√	√	√	√	3. Agency Attachment and Practice Wisdom Project	20%	√	√	√	√	√	4. Term Paper	40%	√	√	√	√	√	Total	100%					
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Student Study Effort Expected	Class contact: <ul style="list-style-type: none"> ▪ Lecture 						18 Hrs.																																															

	<ul style="list-style-type: none"> ▪ Seminar 	21 Hrs.
	Other student study effort:	
	<ul style="list-style-type: none"> ▪ Agency Attachment & Case Observation 	18 Hrs.
	<ul style="list-style-type: none"> ▪ Reading of reference & Reflective Note 	48 Hrs.
	Total student study effort	105 Hrs.
Medium of Instruction	English	
Medium of Assessment	English	
Reading List and References	<p>Anthony, W., (1991) `Recovery form mental illness: The new vision of service researchers' <i>Innovations and Research</i>, 1(1):13-14.</p> <p>Anthony, W., (1993) `Recovery from mental illness: The guiding vision of mental health system in the 1990s' <i>Psychosocial Rehabilitation Journal</i>, 16(4): 11-23.</p> <p>Culter, D.L., Bevilacqua, J., McFarland, B.H., (2003) `Four decades of community mental health: a Symphony in four movement' <i>Community Mental Health Journal</i>, 39(5): 381-398.</p> <p>Davidson, L., & Struass. J., (1997) `Sense of self in recovery from severe mental illness' in L. Spaniol, C. Gangne, & M. Koehler., (ed.) <i>Psychological and Social Aspects of Psychiatric Disability</i>, pp: 25-39. Boston: Center for Psychiatric Disability, Boston University.</p> <p>Deegan, P., (1988) `Recovery: the lived experience of rehabilitation' <i>Psychosocial Rehabilitation Journal</i>, 11(4):11-19.</p> <p>Denzin, N.K., (1984) <i>On Understanding Emotion</i>, London: Jossey-Bass Publishers.</p> <p>Greenberg, L. S., & Paivio, S. C., (1997) <i>Working with Emotions in Psychotherapy</i>, New York: Guildford Press.</p> <p>Karp, D. A., (1996) <i>Speaking of Sadness: Depression, Disconnection and the Meaning of Illness</i>, Oxford: Oxford University Press.</p> <p>Kemper, T., (1987), `How many emotions are there? Wedding the social and the automatic components', <i>American Journal of Sociology</i>, 93(2): 263-289.</p> <p>Kemper, T., (1991) ``An introduction to the sociology of emotions' in D. Strongman, (Eds.) <i>International Review of Studies in Emotions</i>, Volume I, Chichester: John Wiley, pp. 301-48.</p> <p>Kensinger, E.A., & Corkin, S., (2005) `Effect of negative emotional content on</p>	

working memory and long term memory', *Emotion*, 3(4): 378-393.

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Orde T.C., Chamberlin, J., Carpenter, J., & Leff, H.S. (2005) *Measuring the Promise: A Compendium of Recovery Measures*, Volume: Washington: U.S Department of Health and Human Service.

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Sullivan W. P., (1997) 'A long and winding road: The process of recovery form severe mental illness' L. Spaniol, C. Gangne, & M. Koehler., (ed.) *Psychological and Social Aspects of Psychiatric Disability*, pp: 15-24. Boston: Center for Psychiatric Disability, Boston University.

Walker, M.T. (2006). 'The social construction of mental illness and its implications for the recovery model', *International Journal of Psychosocial Rehabilitation*, 10(1), 71-87.

Yip, K.S. (2007) *Clinical Practice with Persons with Schizophrenia: An Humanistic and Empathetic Encounter*, New York: Nova Science.

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