



Community  
Family Services  
of Ontario



# Offshore Place

## Community Family Services of Ontario



# About me

- Name: Jason
- Nationality: HKSAR
- Background: MSW year 3
- Bachelor of Arts (Honours) in Applied Ageing Studies and Service Management
- Higher Diploma in Social Work
- Job: (Former) RSW at NEC



# Why Offshore placement?

## Personal reasons

- Personal Pathway (4th SW placement)
- Last chance of exchange experience (maybe?)
- Life exploration

## Learning needs

- Exploration of different cultures and social work practice
- In-depth learning of counselling approaches in casework

# Services in CFS



## Counselling, Psychotherapy, Family Services

- Individual/ couple/ family counselling
- Partner Assault Response program
- Counselling for probationers
- Gambling counselling
- Anger Management



## Settlement Services

- Information and Resources Referral
- Settlement counselling
- Workshops
- Commissioner of Oath



## Disability & Special Needs Program

- Psychoeducation and support groups
- Rehabilitation groups
- Neurodiversity related



# Journey of Canada



# Beginning of the placement

Intensive trainings for  
placement students



Assistance in outreach  
program



# Beginning of the placement

Agencies visit

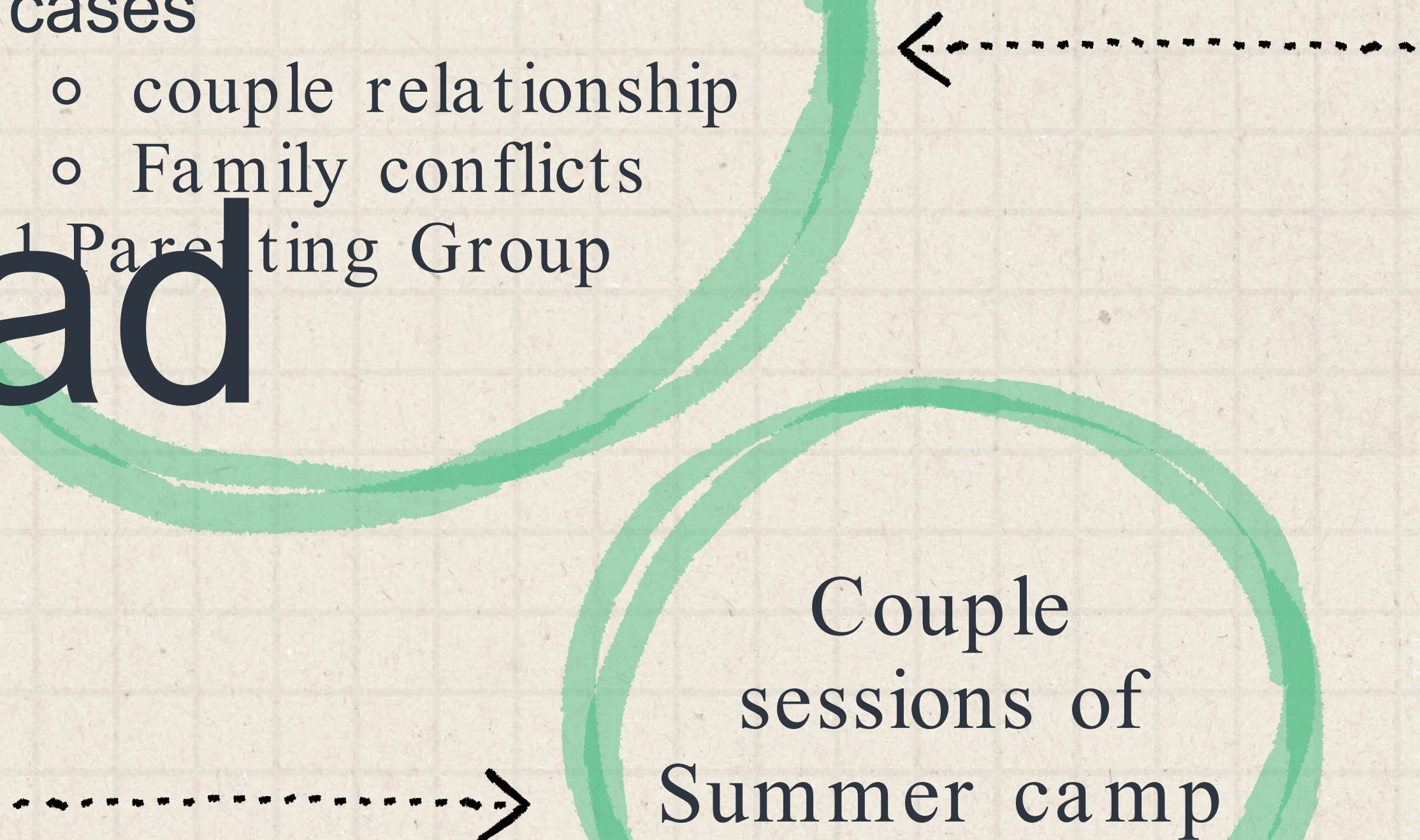



# Workload

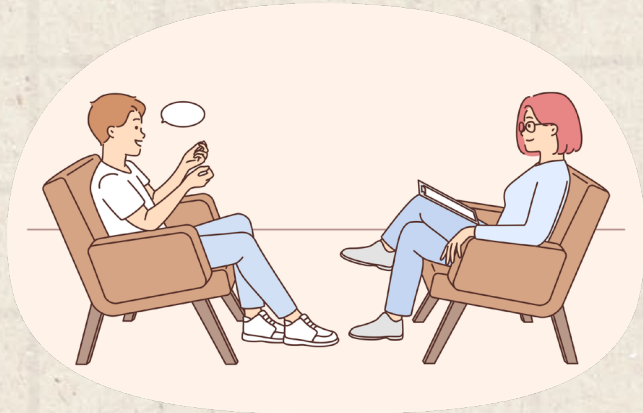


- 2 Individual Counselling cases
  - couple relationship
  - Family conflicts
- 1 Parenting Group

Couple  
sessions of  
Summer camp



# HK VS Canada



Case management vs  
Counselling



Professional liability



Clinical setting  
(Modalities oriented)



Learning from  
experienced and elite  
colleagues



Culture differences  
e.g. LGBTQ, race,  
western countries

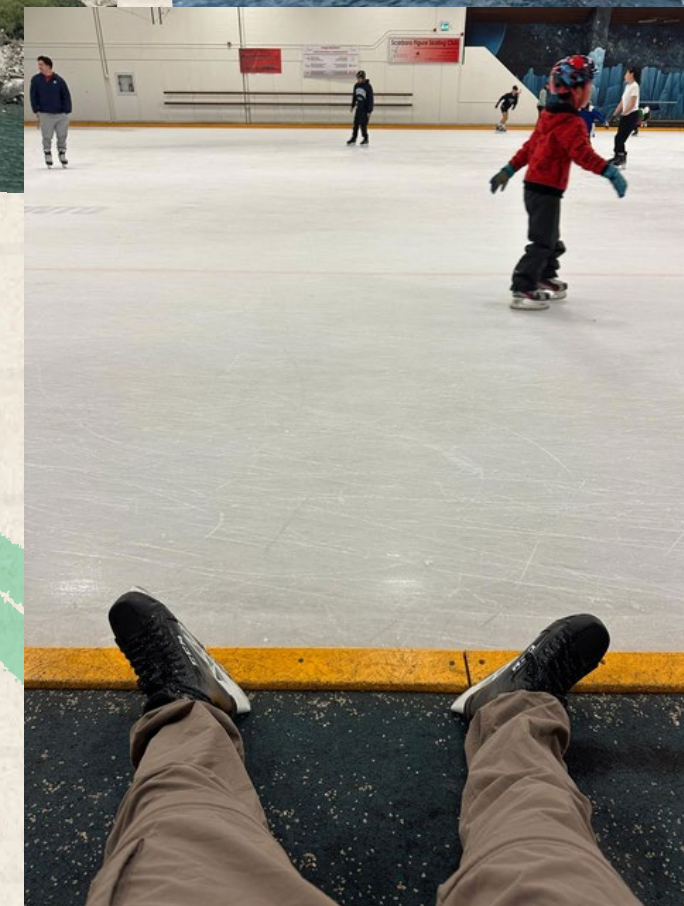


readiness of clients

# Staff Engagement



# Life in Canada



# Life in Canada



# Reflection



Importance of therapeutic  
approaches yet therapeutic  
relationship

Career path?



Being congruence

Embracing life's highs and  
lows



Enjoy every step

Seize every learning  
opportunity



# Consideration

- Finance
  - \$40,000-\$50,000 for the whole placement period (living expenses, rent, flight tickets, entertainment)
  - Full-time job (Quit? or No pay leave?)
- Personal learning needs and career path
  - local SWD/MSW block placement?
- Personalities and adaptability
  - Independent?
  - Capability in adjustment?
- Any relatives or friends living in Toronto? (optional)
  - Household rental
  - Transportation



# Preparation

- **Get familiar with at least 1 Therapeutic Approach**
  - e.g. CBT, EFT, ACT, Narrative Therapy, Bowen's Family Therapy, Structural Family Therapy
- **Competency**
  - Languages (Cantonese, English, Mandarin)
  - Cultural Sensitivity
  - Daily living skills



Ask me  
anything!

QnA



Thank You

