

[Participant's Version]

**UNIVERSITY OF CALIFORNIA,
BERKELEY
X
ASIAN HEALTH SERVICES**

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University of California, Berkeley (UC Berkeley)

- QS World University Rankings 2020: #28
- Your Role: Student & Visiting Student Researcher
- Benefit: Power up your  profile!



Asian Health Services (AHS) at Chinatown, Oakland

□ Specialty Mental Health

- Provide specialized services to children, youth and adults experiencing moderate to severe mental health illness, including: assessment, therapy, medication, case management, crisis intervention, hotline response, prevention and education, advocacy, support and referral services



Internship Responsibilities

- Outreaching & Tabling
- Workshop (a.k.a. Group)
- Trauma Informed Care Survey for HIV+ Clients

Other Activities:

- San Francisco Gay Pride
- San Francisco Rally Against HK Extradition Laws

Key Takeaways

- 1. Diversity & Inclusion**
e.g. freedom and respect, LGBTQ, immigrants' identity, inclusive workplace with openness and transparency
- 2. Hot Issues in U.S.**
e.g. healthcare policy, homeless, undocumented immigrants
- 3. Establishing Network**
Meeting with academia, seasoned practitioners, etc.

Be Mindful...

- Personally speaking, this is fairly **EXPENSIVE!**
 - ▣ Meeting the prerequisites (e.g. university fee, visa application, health clearance): **\$35,000+**
 - ▣ Travel, Meal & Accommodation: **\$35,000+**
 - ▣ Don't forget you also need to pay PolyU tuition fee: **\$37,200** (2019 cohort)
 - ▣ Entertainment & Leisure: **Las Vegas, Los Angeles, San Diego, Seattle, Vancouver**
(Let's be realistic, go and have fun!)
 - ▣ Opportunity Costs
 - ▣ Think twice if you have financial burden (e.g. paying your mortgage)

Be Mindful...(Cont'd)

- What are your **developmental needs** as a social worker, or as a person?
 - No treatment counseling is allowed
 - Materials might not be easily accessible