Subject Description Form

Subject Code	APSS4620
Subject Title	Social Work Theory and Practice II
Credit Value	6
Level	4
Pre-requisite / Co-requisite/ Exclusion	Pre-requisite: APSS2684/3610 Generic Social Work Practice Workshop

Assessment Methods			

100% Continuous Assessment	Individual Assessment	Group Assessment
1. Class exercises	10%	--
2. Term paper (Essay)	50%	--
3. Seminar and laboratory presentation		40% (subject to adjustment due to individual performance and participation in group presentation)

- The grade is calculated according to the percentage assigned.
- Student must pass all assessment component(s) if he/she is to pass the subject.

Objectives

Professional practice involves the dynamic and interactive processes of engagement, assessment, intervention, and evaluation at multiple levels. Social workers are expected to have the knowledge and skills to practice with individuals, families, groups, organizations, and communities. This subject aims to equip students with the basic abilities to recognize and select appropriate intervention theories to inform these practice processes.

Intended Learning Outcomes

Upon completion of the subject, students will be able to:

a. Understand and analyze the basic assumptions, concepts and strategies of selected intervention approaches/perspectives for social work practice;
b. Appraise the nature and functions of theories in social work practice and recognize what are involved in integration of theories and practice;
c. Assess service users' needs/problem through exploring with relevant questions guide by the different models and implement interventions accordingly;
d. Equip themselves with basic intervention skills of the intervention models; and
e. Critically evaluate the strengths and limitations of each intervention model and design an intervention plan in consideration of a variety of perspectives and the cultural context.

Subject Synopsis/ Indicative Syllabus	The course will introduce basic concepts, steps, issues, strengths and limitations of the following approaches:
	• Cognitive behavioral approach • Solution Focus Brief Therapy • Radical/Structural Social Work • Innovative social work practice Examples will be drawn from practices with individuals, families, groups, organizations, or communities.
Teaching/Learning Methodology	Lectures will be used to introduce the nature and assumptions of theories and its associated strategies and skill sets. Seminar presentations and discussions will be used to integrate theory and practice and explore controversial issues . Laboratory exercises will help students identify and recognize relevant skill sets. Genuine and critical self-reflection in the whole process of learning and teaching. Attachment and observational learning through participant observation in real life practices whenever appropriate and possible.

Assessment Methods in Alignment with Intended Learning Outcomes

Specific assessment methods/tasks	% weighting	Intended subject learning outcomes to be assessed (Please tick as appropriate)				
		a	b	c	d	e
1. Class exercises	10%	✓	✓			
2. Term paper	50%	✓	✓	✓	✓	✓
3. Seminar & Laboratory presentation	40%	✓	✓	✓	✓	✓
Total	100 %					

Explanation of the appropriateness of the assessment methods in assessing the intended learning outcomes:

The seminar presentation requires students to examine issues and controversies of particular theories and its uses corresponding to the major concerns set out in the objectives of this subject.

The laboratory provides a platform on which students actively experimented with the direct use of particular intervention theoretical approach, its skills, concepts & philosophy in simulated scenarios. Under the guidance of seminar teachers and with active participation from students, the development of self-reflective and critical consciousness is facilitated along themes emphasized in the learning objectives and outcomes of this subject.

	The class exercises encourages students to apply and integrate their learning from lectures in their personal contexts. Critical self-reflection as well as linking micro and macro concerns in social work practice are encouraged.
	The term paper provides an opportunity for the students to synthesize and consolidate their learning in the subject in response to the questions set by teachers.

Student Study Effort Expected	Class contact:	
	▪ Lecture	54 Hrs.
	▪ Seminar and Laboratory	24 Hrs.
	Other student study effort:	
	▪ Seminar and Laboratory Preparation	74 Hrs.
	▪ Class exercises and Term Paper	110 Hrs.
	Total student study effort	256 Hrs.

Reading List and References	**Essential Readings**
	Payne, M. (2021). *Modern social work theory*. Basingstoke: Palgrave Macmillan.

Supplementary Readings

Cognitive behavioural approach

Beck, J. S. (2021). *Cognitive behavior therapy: Basics and beyond* (3rd ed.). New York: Guilford Press.

Bieling, P.J., McCabe, R.E., Antony, M.M. (2006). *Cognitive-behavioral therapy in groups*. New York: Guilford Press.

Christner, R.W., Stewart, J.L., Freeman, A. (eds.) (2007). *Handbook of cognitive-behavior group therapy with children and adolescents: Specific settings and presenting problems.* New York: Routledge.

Corey, G. (2017). *Theory and practice of counseling and psychotherapy* (10th ed.) (pp.244-327). Boston, Mass.: Cengage Learning.

Dattilio, F. M. (2010). *Cognitive-behavioral therapy with couples and families: A comprehensive guide for clinicians*. New York: Guilford.

Dobson, K. (2021). *Handbook of cognitive-behavioral therapies* (4th ed.). New York: Guilford Press.

Kanter, J.W., Busch, A.M., Rusch, L.C. (2009). *Behavioral activation: The CBT distinctive features series*. East Sussex: Routledge.

Ronen, T., & Freeman, A. (eds.). (2007) *Cognitive behavior therapy in clinical social work practice.* New York: Springer.

Spiegler, M.D. (2016). *Contemporary behavior therapy* (6th ed.). Belmont, CA: Wadsworth.

Wong, F.K.D., Yu, W.M.R. & Chan, Y.C.V. (2020). *A strength-based cognitive behaviour therapy approach to recovery: From trapped to liberated self.* Abingdon, Oxon: Routledge

Solution-focused brief therapy

Cade, B., & O'Hanlon, W. H. (1993). *A brief guide to brief therapy*. NY: W.W. Norton.

De Shazer, S. (1985). *Keys to solutions of brief therapy*. New York: W.W. Norton.

De Jong, P., Berg, I. K. (2013). *Interviewing for solutions* (4th ed.). Belmont, CA: Brook/Cole.

游達裕、朱志強、 陳偉業 (2017)。*尋解新趨勢*。香港 : 策馬文創有限公司。

Radical/Structural social work

Dominelli, L. (2012). *Green social work: from environmental crises to environmental justice*. Cambridge: Polity Press.

Ife, J., & Tesoriero, F. (2006). *Community development: community-based alternatives in an age of globalization*. Frenchs Forest, N.S.W.: Pearson Education.

Lister, Pam Green ebrary, Inc. (2012) *Integrating social work theory and practice a practical skills guide*. New York: Routledge.

Lundy, C. (2014). *Social work, social justice and human rights: A structural approach to practice* (2nd ed.). Peterborough, Ont.: Broadview Press.

Mullaly, R. (2007). *The new structural social work: Ideology, theory and practice* (3rd ed.). Oxford University Press

Young, I. (2012). Five faces of oppression. In J. DeFilippis & S. Saegert (2nd ed.) *Community development reader* (pp. 328-337). New York: Routledge.

Innovative Social Work practice

Gelgado, M. (2000). *New arenas for community social work practice with urban youth*. N.Y.: Columbia University Press

Kruger, K.A., & Serpell, J.A. (2006). Animal-assisted interventions in mental health: definitions and theoretical foundations. In A.H. Fine (Ed.), *Animal-assisted therapy* (pp.21-38). Amsterdam: Elsevier.

Price P., & Price, S. (2012). Stress, depression and critical care. In L. Price, & S. Price (Eds.), *Aromatherapy for health professionals* (pp. 221-235). Edinburgh: Elsevier.

Shaw, I. (2016). *Social work science*. N.Y.: Columbia University Press.

Useful links:

Mindfulness training in Hong Kong
https://www.mindfulness.hk
Oxford Mindfulness Centre
https://oxfordmindfulness.org
Canadian Solution Focused Brief Therapy Centre
https://www.canadiansfbtc.com/
Institute for Solution Focused Therapy
https://solutionfocused.net/
Solution Focused Brief Therapy Association
http://www.sfbta.org/
The Centre for Solution Focused Practice
https://www.brief.org.uk/
International Federation of Professional Aromatherapists (IFPAP)
https://ifparoma.org/
International Association of Human-animal Interaction
http://iahaio.org/
People and Animals: The International Journal of Research and Practice
http://iahaio.org/journal/articles-published/