

Subject Description Form

Subject Code	APSS2810											
Subject Title	Interpersonal Communication and Self Understanding											
Credit Value	2											
Level	2											
Pre-requisite / Co-requisite/ Exclusion	The following students are not allowed to take this subject: All APSS students											
Assessment Methods	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 50%;">100% Continuous Assessment</th> <th style="width: 25%;">Individual Assessment</th> <th style="width: 25%;">Group Assessment</th> </tr> </thead> <tbody> <tr> <td>1. Participation in Group Activities and Role Play Performance</td> <td style="text-align: center;">50%</td> <td></td> </tr> <tr> <td>2. Written Assignment, Self-evaluation & Peer Assessment</td> <td style="text-align: center;">50%</td> <td></td> </tr> </tbody> </table>			100% Continuous Assessment	Individual Assessment	Group Assessment	1. Participation in Group Activities and Role Play Performance	50%		2. Written Assignment, Self-evaluation & Peer Assessment	50%	
100% Continuous Assessment	Individual Assessment	Group Assessment										
1. Participation in Group Activities and Role Play Performance	50%											
2. Written Assignment, Self-evaluation & Peer Assessment	50%											
Objectives	To enable students to initiate a process of self-understanding and self-awareness, and to develop communication skills essential for interpersonal relationships.											
Intended Learning Outcomes <i>(Note 1)</i>	<p>Upon completion of the subject, students will be able to:</p> <ul style="list-style-type: none"> (a) Develop a greater self-awareness and understanding of oneself; (b) Understand the core conditions, and develop skills of interpersonal relationships; (c) Acquire the basic understanding and practice of interpersonal communication skills; (d) Acquire understanding of our personal abilities, emotions, values and attitudes in relating to others and the society. 											
Subject Synopsis/ Indicative Syllabus <i>(Note 2)</i>	<p>As a contrast to the didactic learning approach used in lectures, students will learn from their experience in group participation and interaction.</p> <ul style="list-style-type: none"> 1. Process and Pattern of Human Communication To understand the elements of communication process and sharpen sensitivity in using and observing verbal and non-verbal communication. 2. Value Clarification 											

	<p>By drawing upon students' own life and work experiences, they can understand better their own value stances and personal feelings. In this way, students are likely to be in a better position to understand the persons with whom they are working or relating.</p> <p>3. Self-understanding</p> <p>To initiate a process of self-exploration by enabling students to assess their strengths and weaknesses, and to develop a greater self-awareness.</p> <p>4. Relationship</p> <p>To introduce the core conditions of empathy, genuineness and respect in developing an effective relationship.</p> <p>5. Interpersonal Communication Skills</p> <p>To understand and acquire the basic skills of communication, including effective attending behavior, listening and questioning techniques, feeling reflection, assertive expression and negotiation, leadership skills, etc.</p>
<p>Teaching/Learning Methodology</p> <p><i>(Note 3)</i></p>	<p>Small group experiential learning sessions 28 hours</p> <p>1. Small group approach: This subject uses the small-group learning method in order to facilitate communication, students' participation and interaction. Each group will have a maximum of 20 students.</p> <p>2. Experiential Learning: Each group session will include simulation exercises, role plays, and discussions as well as mini-lectures.</p>

Assessment Methods in Alignment with Intended Learning Outcomes (Note 4)	Specific assessment methods/tasks	% weighting	Intended subject learning outcomes to be assessed (Please tick as appropriate)					
			a	b	c	d		
	1. Participation in Group Activities and Role Play Performance	50%	✓	✓	✓	✓		
2. Written Assignment, Self-evaluation & Peer Assessment	50%	✓	✓		✓			
Total	100 %							
<p>Explanation of the appropriateness of the assessment methods in assessing the intended learning outcomes:</p> <p>Through group activities and role play, student can learn and consolidate knowledge and skills from this unique experience by self reflection and feedback from teacher and classmates.</p> <p>The topic of the written assignment can help student to review, integrate and consolidate the knowledge and experience gained from the class.</p>								
Student Study Effort Required	Class contact:							
	▪ Seminar						28 Hrs.	
	Other student study effort:							
	▪ Readings & Web-based exercises						42 Hrs.	
Total student study effort							70 Hrs.	
Medium of Instruction	English							
Medium of Assessment	English							
Reading List and References	<p><u>Essential</u></p> <p>Leung, Z. et.al. (2002). <i>Self Understanding & Communication Skills: Reading Resource Package & Web-based Teaching Materials</i>. APSS, PolyU.</p>							

Note 1: Intended Learning Outcomes

Intended learning outcomes should state what students should be able to do or attain upon completion of the subject. Subject outcomes are expected to contribute to the attainment of the overall programme outcomes.

Note 2: Subject Synopsis/ Indicative Syllabus

The syllabus should adequately address the intended learning outcomes. At the same time over-crowding of the syllabus should be avoided.

Note 3: Teaching/Learning Methodology

This section should include a brief description of the teaching and learning methods to be employed to facilitate learning, and a justification of how the methods are aligned with the intended learning outcomes of the subject.

Note 4: Assessment Method

This section should include the assessment method(s) to be used and its relative weighting, and indicate which of the subject intended learning outcomes that each method purports to assess. It should also provide a brief explanation of the appropriateness of the assessment methods in assessing the intended learning outcomes.