

2024-25

Master of Arts in Marriage and Family Therapy 婚姻及家庭治療文學碩士學位

Programme Code: 54047-FMF (Full-time) / 54047-PMF (Part-time)

Duration: 1.5 years (Full-time) / 3 years (Part-time)

Programme Leader: Dr NGAI So-wa



Aims & Characteristics

This programme is designed for practising social workers and related human service professionals who are interested in working with individuals, couples and families.

The emphasis of this programme is on 'scholarship in practice' in both teaching and learning and on the development of reflective and competent practitioners who can work with individuals, couples and families. Students are encouraged to enhance their sensitivity to recognise the complexity and inter-connectedness of the problems and issues that confront people; to reflect upon and draw implications from examining the social, economic and political contexts that influence human service practitioners and their clients with individual, marital and family problems; to relate family-centred practice theories and systems therapy to their own practice; and to develop personalised professional styles.

Professional Recognition

- Accredited by the Hong Kong Professional Counselling Association (HKPCA), graduates are eligible to apply for the HKPCA Candidate of Certified Counsellor.
- Graduates of programme are eligible to apply for the following memberships:
 - Hong Kong Marriage and Family Therapy Association (HKMFTA).
 - Prepare to apply for Clinical Membership in the American Association for Marriage and Family Therapy (AAMFT) with completion of 43 credits.

Programme Structure

Total No. of Credits Required	Required Subjects	Elective Subjects	Clinical Subjects
30 [^]	5	5	N/A
43 [*]	5	6	4

[^] Students who successfully complete 21 credits including 5 required subjects and 2 electives may exit the programme with a Postgraduate Diploma.

^{*} Students preparing for clinical membership in the AAMFT should complete 43 credits total - the initial 30-credit Master's degree plus an additional 13 credits. This includes 3 credits of coursework and 10 credits of clinical training consisting of 300 practicum hours and 500 hours of clinical internship divided into periods of 250 direct practice hours with 50 hours of group supervision. Students may refer to the Association's website for latest course requirements.

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List of Subjects @

Area of Study	Subject	30 Credits	43 Credits
Marriage and Family Therapy	Social Constructionism and Collaborative Dialogic Approach	Required	Required
	Advanced Practice Methods: Brief Therapy	Elective	Elective
	Advanced Practice Methods: Cognitive Behavioural Intervention		
	Couple Therapy Processes and Techniques		
	Narrative Therapy		
Marriage and Family Studies	Evolution in Family Therapy: Structural & Systemic Approaches	Required	Required
	Mental Health Practice and Interpersonal Neurobiology: Attachment, Trauma and Healing in the Context of Relationships	Elective	Elective
	Mindfulness-based Programme in Mental Health and Social Care		
	Violence in Intimate Relationships		
Human Development	Marriage, Separation, Divorce and Reconstituted Families	Required	Required
	Child and Family Psychopathology: Theory, Practice & Research	Elective	Elective
	Family Systems and Adolescent Development		
	Psychopathology: Holistic and Humanistic Orientations		
Professional Identity & Ethics	Professional Identity and Ethics	Required	Required
Research	Practice Research	Required	Required
Integrative Studies	Integrative Project	Elective	Elective
Clinical Training	Pre-Practicum General Counselling Theories and Skills Workshop	Elective	Required
	Practicum A (180 hours)		n/a
	Practicum B (300 hours)		Required
	Clinical Internship I	n/a	Required
	Clinical Internship II	n/a	Required

@ The subject offered may be altered at the discretion of the Department.

Entrance Requirements

A Bachelor's degree in any discipline. Degrees in a related discipline and relevant work experience are desirable.

Career Prospects

This programme provides students with opportunities to gain the latest knowledge, develop specialist skills and become reflective, competent practitioners/therapists working with individuals, couples and families challenged by complex problems. The learning experience will facilitate students improving the quality of their service and to meet the continuous education requirements stipulated by professional and licensing bodies. This programme will also allow students to pave a career path with an option to become a private practitioner in helping individuals and families in need.

Application Deadline

30 April 2024

Applications are considered on a rolling basis. Shortlisted candidates may be invited to attend an interview. Qualified candidates will be notified of their results via the eAdmission. Once all vacancies are filled, the remaining qualified applicants will be put on a waiting list. Early applications are strongly encouraged.

Contact Us

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