Prof. George Woo
Chair Professor of Optometry and Dean of the Faculty of Health and Social Sciences, Announces Retirement from the University Early Next Year
Prof. George Woo, Chair Professor of Optometry and Dean of the Faculty of Health and Social Sciences, Announces Retirement from the University Early Next Year

Dean Prof. George Woo will retire from the University early next year, but plans to contribute his efforts on promoting the visual welfare and eye health of the people of China, in particular, within the less affluent regions. Prof. Woo has been a tireless advocate of the optometric profession and his impact is felt by practitioners, students and academia. According to the description given by Prof. J. Graham Strong, Director of Centre for Sight Enhancement in Clinical and Experimental Optometry (2002), “perhaps the most appropriate depiction of George Woo is as a knight-errant, a fearless paladin for the optometric profession.”

Prof. Woo joined the Canadian Red Cross Society as an optometrist and travelled the Northern Ontario wilderness with the mobile eye clinic after graduating and completing the licensing requirements for practice. The experience of providing eye care to a needy wilderness population provided him with immense inspiration and he has been passionate about the profession ever since.

After working with the Canadian Red Cross, he relocated to Indiana University to undertake graduate studies and various teaching and research posts. In 1970, he joined the University of Waterloo as a faculty member, rising to full Professor in 1980. In 1975, he became the first Canadian low vision diplomate in the history of the American Academy of Optometry. During Prof. Woo’s tenure at Waterloo until his retirement as Professor Emeritus in 1996, he engaged in many visiting and consulting appointments at several institutions, including the University of Melbourne in Australia, Pennsylvania College of Optometry in the U.S. and the University of Cambridge in the U.K.

In 1987, he undertook a new challenge and became the founding Head and Professor of the Department of Diagnostic Sciences (now re-named the School of Optometry) of the then Hong Kong Polytechnic to develop the Optometry programme with a team under Marion Edwards. After the BSc(Hons) in Optometry programme was endorsed, Prof. Woo returned to Waterloo in January 1990.
In 1995, Prof. Woo taught as a Visiting Professor of Ophthalmology at the Sun Yat-sen University of Medical Sciences in Guangzhou, China. In the following year, he took on the role as the Director of the China Ophthalmic Education Program for CIBA Vision Atlanta and the CIBA Georgy Foundation in Basel, Switzerland. He also served as an Honorary Consultant for the China Disabled Persons Federation. These positions provided him profound insights into professional optometric education and training in the Mainland. Prof. Woo is now the Honorary Professor at Sun Yat-sen University, Tianjin Medical University and Wenzhou Medical College in China.

In January 1997, he was appointed Chair Professor of Optometry and Dean of the Faculty of Health and Social Sciences. He became the Associate Dean and CEO of PolyVision after deciding to relinquish the deanship after eight years, but resumed the position on 1 August 2008.

Prof. Woo has certainly established his presence in the academic community, in particular the fields of low vision, myopia, contrast sensitivity function, refraction and contact lenses. He has researched, written and published numerous scholarly articles.

Prof. Woo has been very active during his career in numerous local and international Optometry, health and research committees and associations. He is the President of the World Council of Optometry, the Immediate Past President the Asia Pacific Council of Optometry and Hong Kong Society of Professional Optometrists, and the President of the Hong Kong Contact Lens Research Association. He is also a board member of Hospital Authority of Hong Kong.
In truth, he is not retiring; as for Prof. Woo’s retirement plan, he intends to promote optometric education, provide additional training to existing service providers, and support the establishment of charitable low-cost self-financing eye care facilities in the Mainland.

On 7 December 2010, several hundred PolyU staff and students, and friends from the profession and the community, including senior members of the Government of the Hong Kong SAR and PolyU, bid farewell to Prof. Woo in the cocktail reception and dinner held at Staff Club on campus and at the Kowloon Club respectively.
WHAT'S HAPPENING OUT THERE?

The Second Primary Eye Care Conference

Organized by The Hong Kong Association of Private Practice Optometrists, together with the School of Optometry of The Hong Kong Polytechnic University, the Second Primary Eye Care Conference attracted more than 200 participants to the university campus. The two-day conference was opened on 13 October 2010 by Prof. Gabriel Leung, Under Secretary for Food and Health of the HKSAR Government.

With its focus on diabetes mellitus, the conference brought together many leading experts to present their latest research findings. It provided a platform for the demonstration of interdisciplinary care among diabetologists, diabetic nurses, family medicine practitioners, ophthalmologists and optometrists for successful management of diabetic patients.

Dr. Vincent Yeung, Consultant and Chief of Services of the Department of Medicine and Geriatrics, Our Lady of Maryknoll Hospital (OLMH), presented a clinical overview of diabetes mellitus. Ms. Jo Kwan, Advanced Practice Nurse of Centre for Diabetes Education and Management of OLMH, followed with a talk regarding diabetic complication assessment and patient education. In the afternoon session, Dr. Jun Liang, Family Medicine Consultant/Cluster Coordinator, Tuen Mun Hospital, New Territories West Cluster, Hospital Authority, discussed about the management of patients with diabetes mellitus in the community. Then Prof. David Wong, Director of Eye Institute of The University of Hong Kong, introduced two presentations on the principles of diabetic retinopathy screening and sight threatening eye diseases.

On the second day, Miss Rita Sum and Miss Mavis Fung, Optometrists of the School, offered insights on the grading of diabetic retinopathy, ocular and visual findings in a diabetic population in Hong Kong. Prior to the closing of the conference, attendees were invited to participate in the grading of diabetic retinopathy and assessed for their accuracy. The conference received very positive feedback from the attendees and was an overall success.
The 8th Hong Kong Optometric Conference

To better equip the Hong Kong Optometry profession in meeting the special vision needs of our ageing population, continue education in geriatric optometry is essential. “Silver Eyecare” was the theme of the 8th Hong Kong Optometric Conference, which was jointly hosted by The Hong Kong Optometric Association, The Hong Kong Polytechnic University, and the Hong Kong Trade Development Council. This conference, held on 4 November 2010, attracted more than 400 attendees from Hong Kong, Mainland China, Asia and Europe. Four renowned international and three distinguished local speakers were invited to share their insights on key optometric issues of silver eye care and also to present their latest research achievements. From the keynote presentations, attendees were able to acquire a wide spectrum of knowledge to address their geriatric patient needs including medical (Dr. Patrick Tong), functional (Prof. Gary Rubin and Prof. Stephen Lord), optical (Mr. Sohta Suzuki), ergonomical (Dr. Steve Whittaker) and rehabilitational (Prof. George Woo and Mr. Joseph Cho).

To quote Dr. the Hon Leong Che-hung GBM, GBS, JP, (Chairman of the Elderly Commission) during his opening remarks of the conference: “vision, is one of our most important sensory functions”. Therefore, it is our mission to provide primary eye care to the elderly people, who are more likely to develop visual dysfunction and degenerative eye diseases. Through regular comprehensive eye examinations and preventive eye care, they too can enjoy good vision.
World Congress on Refractive Error and World Conference on Optometric Education

The World Congress of Refractive Error (WCRE) and the 6th World Conference on Optometric Education (WCOE6) was organized consecutively from 20-24 September 2010 in Durban, South Africa. Prof. George Woo, President of World Council of Optometry (WCO), delivered the welcoming speech at both conferences. Apart from chairing the refractive error status session on the first day of the WCRE, he was invited as keynote speaker to talk about “Meeting the human resource need: WCO a competency model”. On the third day, which was themed “Innovation”, Prof. Woo also presented the study of his invention of an instant vision assessment device.

At the WCOE6, Prof. Maurice Yap, in his capacity as Education Committee Chair of WCO was invited to lead the regional reports session. As our Optometry programme underwent a curriculum revision in 2005 and with the incorporation of therapeutic pharmaceutical agents, Dr. Andrew Lam attended the conference and shared with other Optometry educators our experience in delivering therapeutic training in the past two years. It was certainly a difficult task to introduce new elements into an already jam-packed 4-year curriculum. Now, the School is working intensely in preparation for a new 5-year curriculum to be implemented in 2012.

Advances in Sports Health Symposium on 14 December 2010

A joint symposium of the Hong Kong Jockey Club Sports Medicine and Health Sciences Centre and the University of Sydney saw ten speakers from three Universities: Sydney University, The Chinese University of Hong Kong and The Hong Kong Polytechnic University coming together to share information on new advances in sports health.

Prof. Thomas Wong, Vice President (Management), The Hong Kong Polytechnic University welcomed guests and speakers while Prof. Gabriel Ng, Deputy Director of the Centre opened the event by introducing the three topics covering exercise promotion and fitness; sports imaging and assessment; and sports science and medicine. Our optometrist, Ms Vanessa Thai discussed “Vision in Sports” with particular emphasis on sports vision testing, training and protection. It was a fruitful event that provided a learning experience for all that attended.
A talk by Dr. June Crown CBE, Special Advisor to World Health Organization

Dr. June Crown CBE gave a seminar on “The experience of UK optometrists in gaining prescription rights” to our PolyU staff, students and healthcare professionals on 5 November 2010. Dr. Crown is the author of the influential "Crown Reports" published in 1989 and 1999, which led to the extension of prescribing rights to other health professionals in all clinical settings, including optometrists.

She discussed about how UK optometrists obtained their rights to access medicines and their roles in continued management of chronic optometric conditions in hospital settings. During her visit, she also attended meetings with Prof. Walter Yuen, Vice President (Academic Development), Prof. George Woo, Dean of Faculty of Health and Social Sciences and the academic staff of the School.

The 16th Congregation (Faculty of Health and Social Sciences)

The 16th Congregation (Faculty of Health and Social Sciences) was held on campus on 16 and 17 November 2010. The Optometry graduates were presented at the third session of the Congregation, which was officiated by Dr. Lo Su-vui, Director (Strategy and Planning) of the Hospital Authority. This year, the Congregation saluted a total of twenty-six graduate students, including two doctorates, one postgraduate and twenty-three undergraduates. The two students receiving the doctorate degree, Drs. Rachel Chun and Law Cheung-sing, were both granted the Faculty Distinguished Thesis Award. In addition, three of our undergraduate students were placed on the Dean’s Honours List. Congratulations!
Certificate of Attainment in Ophthalmic Assistant

The first continue education course for ophthalmic assistant, held by the School, namely the Certificate of Attainment in Ophthalmic Assistant, was completed on 11 August 2010. Twelve candidates were enrolled in the course. The thirty-hour course began with an introduction to the eye care profession and the role of the ophthalmic assistant while the main content comprised of the basic principles and skills of different automated clinical procedures (e.g. non-contact tonometry and visual field analysis), supplementary optometric tests (e.g. colour vision assessment and stereopsis test), contact lens handling (e.g. insertion, removal and care of soft and rigid permeable lenses) and visual training procedures (e.g. Brock strings and tranaglyph).

Our Optometry Clinic created the post of the Ophthalmic Assistant four years ago. Over these years, the Clinic has proven that this incorporation of ophthalmic assistants to the provision of Optometry eye care services, to be a successful one. With the contribution of ophthalmic assistants, our optometrists are able to further focus their efforts on diagnosis and patient management. Ultimately, patients will benefit from this highest quality of service. With the development of the Optometry profession, Mr. Vincent Chui foresees that the demand of ophthalmic assistants will increase in Hong Kong.

Providing Primary Care under RAMP in the Hospital Authority: A Report by Miss Cecilia Tong

I was Senior Optometry Resident and Research Assistant of the School upon completing my undergraduate degree. I recently joined the Hospital Authority and am now working together with some former staff or graduate of the School in designated general out-patient clinics (GOPCs) in Hong Kong Island West Cluster, Kowloon East Cluster and Kowloon West Cluster under the Risk Assessment and Management Programme (RAMP). Aiming at enhancing chronic disease management in primary care setting through comprehensive protocol driven risk assessment and management by multi-disciplinary teams, the RAMP in GOPC serves to detect early complications, offer holistic care and treat-to-target for diabetes patients with or without hypertension. To better manage diabetic care, the Hospital Authority has incorporated optometrist as a member of the multidisciplinary team. We mainly provide diabetics retinopathy screening and grade the severity of the conditions on the basis of retinal images. We then make recommendation for follow up and review.

This is a new capacity of optometrist's role in the Hospital Authority and we are in the first phase of the programme. We shall commit and endeavour to make the programme a successful one.
Eye Experts Joined Hands to Promote Eye Care for World Sight Day

The Eye Institute of the University of Hong Kong, the Hong Kong Society of Professional Optometrists, the Hong Kong Association of Private Practice Optometrists and the School of Optometry of The Hong Kong Polytechnic University joined hands to encourage people in the community with diabetes to have regular retinal examinations at a press conference held on 7 October 2010. This function was a momentous occasion in which ophthalmologists, optometrists and academics were present on the same stage to convey the primary eye care message to the Hong Kong public.

In the press conference, Prof. David Wong, Director of Eye Institute of The University of Hong Kong explained the underlying causes of diabetic retinopathy (DR). Miss Rufina Chan, President of The Hong Kong Society of Professional Optometrists talked about the common misconceptions about the diabetic retinopathy of the general public. Mr. Patrick Cheng, President of The Hong Kong Association of Private Practice Optometrists and Dr. Andrew Lam, Associate Head of the School of Optometry, The Hong Kong Polytechnic University discussed the standard procedures of a DR examination and the optometry training in Hong Kong respectively. In addition, they emphasized that family physicians played a crucial role in the co-management of diabetes mellitus.

Visit to the United Kingdom

Prof. Carly Lam, Dr. Larry Ng and Miss Carol Wong visited Manchester Royal Eye Hospital and Royal Liverpool University Hospital in the UK in October 2010.

The aim of this visit was to learn from the UK experience on how to institute a more efficient and cost-effective model of eye care system in a hospital setting and to develop the role of hospital Optometry in Hong Kong.

Valuable experiences that can be shared from this visit include the benefit of direct referrals of patients with cataracts or other ocular diseases to the public hospitals and the involvement of pre- and post-operative consultations of cataract patients by optometrists. With proper collaboration of Optometry and ophthalmology, shortened cataract surgery waiting time (of less than 6 months) should be an achievable goal in public hospitals.

In conclusion, the modern eye care system and seamless services between optometrists and ophthalmologists at the patient care level at these two hospitals in the UK can be the role model for our public hospital system in Hong Kong.
New Chairman of the Advisory Committee on Optometry

Dr. Luk Che-chung has been appointed Chairman of the Advisory Committee on Optometry. Dr. Luk is currently the Hospital Chief Executive of the Queen Mary Hospital and the Cluster Chief Executive of the Hong Kong West Cluster. He is also a member of Hong Kong Medical Council and has been active in various community projects, especially those related to social welfare services.

Honorary and Adjunct Appointments of the School

Honorary Advisor:

Mr. Hilton Cheong-Leen
(re-appointment)
(President of the Hong Kong Civic Association)

Adjunct Professor:

Prof. Victor Woo
(re-appointment)
(Private Ophthalmologist)

New Adjunct Professor:

Prof. Lam is the Immediate Past President of the Hong Kong Association of Private Practice Optometrists and one of the founding members of The Hong Kong Society for Professional Optometrists. He has served the Optometry programme at Poly/ PolyU as a Visiting Clinical Associate/ Visiting Lecturer for 20 years. In 2006, Prof. Lam concluded his regular teaching sessions due to professional and practice commitments. The School wishes to continue to be associated with Prof. Lam and to call on his expertise from time to time in the area of practice management and development.

Prof. Kenneth Lam
(re-appointment)
(Private Optometrist)

Adjunct Associate Professor:

Ms. Rufina Chan
(re-appointment)
(Private Optometrist)

New Adjunct Associate Professor:

Mr. Cheng is the President of the Hong Kong Association of Private Practice Optometrists and a member of Advisory Committee on Optometry, PolyU. He is very experienced in visual training, binocular assessment and contact lens fitting. He has been our Visiting Clinical Associate since 2001. Through this appointment, the School wishes to call on Mr. Cheng’s expertise from which our students can benefit.

Mr. Patrick Cheng
(new appointment)
(Private Optometrist)
Prof. George Woo Awarded Honorary Fellowship

Prof. George Woo was awarded Honorary Fellowship by the College of Optometrists, UK at the Diploma Presentation Ceremony held in Central Hall Westminster on 30 November 2010.

Fellows of the American Academy of Optometry

Miss Carol Wong, Miss Mabel Leung and Miss Rita Sum were admitted as Fellows of the American Academy of Optometry in November 2010. Congratulations!

VISITORS TO THE SCHOOL OF OPTOMETRY

Prof. Stephen Dain
Professor, School of Optometry and Vision Science, Faculty of Science, The University of New South Wales, Australia
Date: 14 Oct 2010

Dr. Stephen G. Whittaker
Occupational and Low Vision Therapist, Moss Rehabilitation Hospital, USA
Date: 1-2 Nov 2010

Dr. June Crown CBE
Special Advisor, World Health Organization
Date: 5 Nov 2010

Prof. Yu Min-bin
Deputy Director, Zhongshan Ophthalmic Center, Sun Yat-sen University, China
Date: 18 Nov 2010

Prof. David Lin
Head, School of Optometry, Chung Shan Medical University, Taiwan
Date: 22 Nov 2010

Prof. Ernst Goldschmidt
Head, Danish Institute for Myopia Research, Denmark
Date: 8-16 Dec 2010
OUR RESEARCH
Research on the Regulation of Aqueous Humor Dynamics and the Pathophysiology of Glaucoma

By Dr. Do Chi-wai, Assistant Professor

Glaucoma is the leading cause of irreversible blindness in the world. It is frequently associated with elevated intraocular pressure (IOP) of the eye. Elevated IOP is an important and the only treatable risk factor. Until now, glaucoma remains incurable although its progression can be retarded by pharmacological reduction of IOP. Lowering IOP by pharmacological agents is the most common and first-line treatment for glaucoma. Thus far, lowering IOP is the only intervention proven to effectively delay the onset and slow the progression of vision loss. As a result, a simple, potent and long-lasting treatment regime is urged. This challenge rests on a more complete understanding of the mechanism of aqueous humor formation and its regulation.

Physiologically, aqueous humor is secreted by the bilayered ciliary epithelium comprising the pigment epithelium (PE) and non-pigmented epithelium (NPE). Many ion transporters and channels in the ciliary epithelium are known to underlie transepithelial Cl- secretion, a major driving force for aqueous humor formation. Despite the success of identifying the transport and secretory pathways for aqueous humor formation by the ciliary epithelium, an integrated model of their regulation has not been fully elucidated. My research work seeks to delineate the signaling cascades that regulate the rate of aqueous inflow and outflow. This is achieved by an integrated approach using isolated ciliary epithelial cell and cell couplet, intact epithelium and whole eye model, facilitating us to have a more informed understanding of how the signaling molecules regulate aqueous humor formation and thereby IOP. The elucidation of these cascades will not only advance our understanding of the regulation of aqueous humor dynamics, but also shed light on the design of novel hypotensive drugs to combat the worldwide problem of glaucoma.

Conference Presentations

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<td>Ms. Bibianna Yu</td>
<td>Health Research Symposium 2010 (Hong Kong), 11 September, 2010</td>
<td>Prevalence of refractive errors in children with special needs</td>
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<tr>
<td>Ms. Rita Sum</td>
<td>Health Research Symposium 2010 (Hong Kong), 11 September, 2010</td>
<td>Enhancing primary care: The feasibility of enhancing the primary eye care service in primary healthcare</td>
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<tr>
<td>Prof. Pauline Cho</td>
<td>3rd Conference of Italian Academy of Orthokeratology, Bologn (Italy), 19-20 September, 2010</td>
<td>1. Orthokeratology and myopia control 2. Non-compliance and microbial contamination in orthokeratology</td>
</tr>
<tr>
<td>Prof. To Chi-ho</td>
<td>HUPO 9th Annual World Congress (Australia), 19-23 September 2010</td>
<td>Proteome analysis of myopic retina – characterization of the role of apolipoprotein A1</td>
</tr>
<tr>
<td>Dr. Andrew Lam</td>
<td>World Conference on Optometric Education 2010 (South Africa), 22 - 24 September 2010</td>
<td>Therapeutic training in Optometry - The Hong Kong experience</td>
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<tr>
<td>Ms. Rita Sum</td>
<td>The Second Primary Eye Care Conference (Hong Kong), 13-14 October 2010</td>
<td>Grading of diabetic retinopathy</td>
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<tr>
<td>Ms. Mavis Fung</td>
<td>The Second Primary Eye Care Conference (Hong Kong), 13-14 October 2010</td>
<td>Ocular and visual findings in a diabetic population in Hong Kong</td>
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Our Research

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<tr>
<td><strong>Prof. George Woo</strong></td>
<td>Congreso Latinoamericano de Optometria y Optica, Viña del Mar (Chile), 21-23 October 2010</td>
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<tr>
<td><strong>Prof. George Woo</strong></td>
<td>The 8th Hong Kong Optometric Conference (Hong Kong), 4 November 2010</td>
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<tr>
<td><strong>Dr. Henry Chan</strong></td>
<td>48th International Society for Clinical Electrophysiology of Vision Symposium (Australia), 5-10 November 2010</td>
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<tr>
<td><strong>Prof. Pauline Cho</strong></td>
<td>Academy 2010 San Francisco (USA), 17-20 November 2010</td>
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<tr>
<td><strong>Ms. Carmen Lee</strong></td>
<td>Academy 2010 San Francisco (USA), 17-20 November 2010</td>
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<tr>
<td><strong>Prof. Pauline Cho</strong></td>
<td>Asia Orthokeratology and Specialty Lens Conference (Japan), 2-3 December 2010</td>
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New Papers


**Woo GC, Chan LY, Lam CS**, Yeo KT, 「糖尿病視網膜病變篩檢」，李筱榮、劉巨平（譯），李筱榮、黎曉新、惠延年（編）《糖尿病眼病》，天津：人民衛生出版社。2010:第十章:225-235頁。

Upcoming Conferences / Seminars / Workshops

<table>
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<tr>
<th>Date &amp; Venue</th>
<th>Details</th>
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| 20 – 22 January 2011 Singapore | Asia ARVO  
Website: http://www.asiarvo2011.com.sg |
| 20 – 21 March 2011 Liverpool, UK | Optometry Tomorrow 2011  
Website: http://www.optometrytomorrow.com |
| 1 – 5 May 2011 Fort Lauderdale, USA | ARVO 2011  
Website: http://www.arvo.org |
| 12 – 15 October 2011 Phoenix, USA | The 89th Annual Meeting of the American Academy of Optometry  
Website: http://www.aaopt.org |
| 24 – 26 November 2011 Singapore | Asia Pacific Congress of Optometry  
Website: http://www.asiapacificcoptometry.org |
STUDENTS CORNER

The 17th OPTDS – Eye-con 凝視堂

The Optometry Departmental Society (OPTDS), namely Eye-con, organized several functions for its members including a farewell party for the new graduates, Orientation Camp, and a Mid-Autumn Festival get-together.

The Orientation Camp (O’Camp) held in late August, which almost all new students attended, was a great success. It was an excellent opportunity for freshmen to familiarize themselves with the School and to make new friends. The 凝月夜, with its Mid-Autumn Festival theme, where refreshments were provided and games were played, made for a relaxed, fun-filled event.

Eye-con aims to arrange more functions in the following months, for example, the OPT Cup. In addition, single line paper, flip-flops, T-shirts and jackets will be designed and produced as society souvenirs.

Everyone is encouraged to join and enjoy all the OPTDS – Eye-con has to offer!
Graduation Dinner: A Report by Miss Carmen Wu, Optometry Graduate 2010

A graduation dinner was held at King Palace Chinese Restaurant on 2 December 2010. All academic staff and clinical supervisors were invited to join this gathering to share our joy upon completing the course and our gratitude for their dedication to teaching.

The dinner was a very warm and happy night for both teachers and students. I am sure you all had an enjoyable time! I would like to wish my classmates the very best in their future careers and what life has to offer!

OPTOMETRY ALUMNI

Hong Kong Optometry Golf Day 2010

Since 2004, the Hong Kong Optometry Golf Day has become an annual function hosted by the Optometry Alumni Association. This year marks the 7th tournament. This event was held in the beautiful East Course of Kau Sai Chau Public Golf Course. 28 participants joined this year’s Gold Day. We were very honoured that our Honorary Professor, Prof. H. Barry Collin and Adjunct Professor, Prof. Victor Woo, were able to join us, as well as friends from the optical industry.

The final results:

- Optometry Champion: Mr. Joe Ng
- Guest Champion: Mr. Wu Sai-chung
- Best Gross Score (Optometry): Mr. Jekyll Sin
- Best Gross Score (Guest): Dr. Jun Liang