Dr Arnold Wong Yu Lok  
Assistant Professor  
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Dr Arnold Wong is a clinician-scientist. He attained his BSc in Biology from The University of Hong Kong, and BSc in Physiotherapy from The Hong Kong Polytechnic University. After practising as a physiotherapist in the Queen Elizabeth Hospital for several years, he was determined to pursue his career in academia. To achieve this goal, Dr Wong obtained his MPhil in Orthopaedics and Traumatology from The University of Hong Kong, and completed his PhD training in the University of Alberta, Canada.

Dr Wong’s research interests focus on identifying the mechanisms that lead to and maintain spinal disorders. Since the causes of spinal disorders are multifactorial, Dr Wong adopts multiple strategies to quantify the relative contributions of these factors in causing and maintaining spinal pain. These findings can help both researchers and clinicians in understanding and treating spinal disorders.

Dr Wong has received numerous academic accolades from various agencies in Hong Kong, Canada and USA (e.g. Canadian Institutes of Health Research, Golden Key International Honours Society and International Association for the Study of Pain). His research has also resulted in multiple publications in peer-reviewed, international journals (e.g. Pain, Journal of Pain, etc.).