

| Retirees / Emeritus Professors Health Check-up |   |                   |          |
|--|---|-------------------|----------|
|  | Content                                     | Abridged Check-up | Check-up |
| Health Assessment                              | Body Weight & Height, Pulse, Blood pressure | ✓                 | ✓        |
|  | Visual Acuity                               | ✓                 | ✓        |
|  | Amsler Grid Test                            | ✓                 | ✓        |
|  | Intraocular Pressure                        | ✓                 | ✓        |
|  | Hearing Test (Audiometry)                   | ✓                 | ✓        |
| Cardiac  | Electrocardiogram (resting)                 | ✓                 | ✓        |
| Hematology                                     | Complete Blood Count                        | ✓                 | ✓        |
|  | Blood Group & Rhesus Factor                 |                   | ✓        |
| Diabetic Screening                             | Fasting Blood Glucose                       | ✓                 | ✓        |
|  | Glycohaemoglobin (HbA1c)                    |                   | ✓        |
| Lipid Profile                                  | Total Cholesterol                           | ✓                 | ✓        |
|  | HDL-Cholesterol                             | ✓                 | ✓        |
|  | LDL-Cholesterol (direct)                    | ✓                 | ✓        |
|  | Triglycerides                               | ✓                 | ✓        |
| Liver Function Tests                           | Total Bilirubin                             |                   | ✓        |
|  | Total Protein                               |                   | ✓        |
|  | Albumin                                     |                   | ✓        |
|  | Globulin                                    |                   | ✓        |
|  | Aspartate Transaminase                      |                   | ✓        |
|  | Alanine Transaminase                        | ✓                 | ✓        |
|  | Gamma Glutamyl Transpeptidase               |                   | ✓        |
|  | Alkaline Phosphatase                        | ✓                 | ✓        |

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| Renal Function Tests                           | Sodium                                |                   | ✓        |
|  | Potassium                             |                   | ✓        |
|  | Urea                                  | ✓                 | ✓        |
|  | Creatinine                            | ✓                 | ✓        |
|  | eGFR                                  | ✓                 | ✓        |
| Gout Screening                                 | Uric Acid                             | ✓                 | ✓        |
| Other Enzymes                                  | Creatine Phosphokinase                |                   | ✓        |
|  | Lactate Dehydrogenase                 |                   | ✓        |
| HBV Serology                                   | Hepatitis B Surface Antibody          |                   | ✓        |
|  | Hepatitis B Surface Antigen           |                   | ✓        |
| Tumor Markers                                  | Alpha-fetoprotein (AFP)               | ✓                 | ✓        |
|  | Prostate Specific Antigen (Male only) | ✓                 | ✓        |
| Thyroid Function                               | Free T4                               |                   | ✓        |
|  | Thyroid Stimulating Hormone           |                   | ✓        |
| Urine Test                                     | Urinalysis                            | ✓                 | ✓        |
| Stool Exam                                     | Stool Occult Blood                    | ✓ (x2)            | ✓ (x2)   |
| Thorax   | Chest X Ray                           | ✓                 | ✓        |
| Osteoporosis Screening                         | Bone Densitometry (DEXA)              |                   | ✓        |
| Doctor's Assessment                            | Health Assessment                     | ✓                 | ✓        |
|  | Physical Examination                  | ✓                 | ✓        |
|  | Medical Report                        | ✓                 | ✓        |
|  | Health Instructions                   | ✓                 | ✓        |