

On-campus Sports Facilities Opening Hours

Facilities	Opening Hours	Booking Session	Cleaning Hour
Shaw Sports Complex	08:20- 22:50*	08:30-22:30	Fitness Room 10:30-11:30
Kwong On Jubilee Sports Centre	08:20- 22:50*	08:30-22:30	
Block X Sports Centre	07:20-22:50* (Monday to Friday)	07:30- 22:30 (Monday to Friday)	Fitness Room 14:30-15:30
	08:20- 22:50* (Saturday and Sunday)	08:30- 22:30 (Saturday and Sunday)	

Facilities	Opening Period	Opening Hours	Cleaning Hour
Michael Clinton Swimming Pool	May and October	10:30-14:30 15:30-20:30 (Monday to Saturday) 10:30-17:30 (Sunday)	14:30-15:30 (Monday to Saturday)
	June to September	09:30-14:30 15:30-21:30 (Monday to Saturday) 09:30-18:30 (Sunday)	14:30-15:30 (Monday to Saturday)
Block X Swimming Pool	January to June September to December	07:30- 21:30 (Monday to Friday) 09:30- 21:30 (Saturday) 09:30- 18:30 (Sunday)	15:30-16:30 (Monday- Saturday)

*Counter service will stop at 22:00.

- Users must leave the sports venue before the closing time.
- Sports facilities are closed on statutory holidays.
- The Office of Counselling and Wellness shall close any part of the facilities if, in their opinion, the facilities are not fit for use or for any other reasons.

Click [HERE](#) for Joint Sports Centre Opening Hours