



# “Mental Health Ambassadors” Recruitment

## Objectives:

- To promote general awareness of mental health on campus
- To enhance the psychological wellness of students
- To equip students with basic mental health knowledge and helping skills in order to provide psychological support to their fellow students



## Program Contents:

- Basic Counselling Skill Workshop
- Training on mental health knowledge and positive psychology
- Over-night camp on self-understanding and programme planning
- Organize mental health caring activities
- Provide care and support to fellow students

**APPLY  
NOW**

## Application & Details:

Please visit [www.polyu.edu.hk/sams](http://www.polyu.edu.hk/sams)

## Recognition:

- CAT Record
- 800 SPECIAL points for completion of the programme
- Certificate for completion of the programme
- Awards for Outstanding Mental Health Ambassadors
- Fulfillment of mandatory co-curricular activities requirement

## Target students: :

All full-time students  
(Hall residents will be given priority)

**Quota:** 30

**Deadline:** 7 Oct, 2011

**Enquiries:** 2766 6795

Student affairs Office