

## PROPOSED STUDY PLAN

PROPOSED STUDY PLAN FOR FULL-TIME ONE-YEAR STUDY*		
1 Year Full-time Study	Semester 1	Research Methods and Data Analysis <sup>^</sup>
		One Core Subject
		Two Elective Subjects
		Project Study
	Semester 2	Two Core Subjects
		Clinical Practice I in Sports Physiotherapy (Core Subject)
		Clinical Practice II in Sports Physiotherapy (Core Subject)
Semester 3	Project Study (Cont.)	

PROPOSED STUDY PLAN FOR PART-TIME STUDY*		
Year 1	Semester 1	Research Methods and Data Analysis <sup>^</sup>
		One Core Subject
	Semester 2	Two Core Subjects
Year 2	Semester 1	Clinical Practice I in Sports Physiotherapy (Core Subject)
		One Elective Subject
	Semester 2	Clinical Practice II in Sports Physiotherapy (Core Subject)
		One Elective Subject
		Project Study
Semester 3	Project Study (Cont.)	

\* Proposed study plans subject to changes  
<sup>^</sup> Compulsory subject

A number of elective subjects are available within the Postgraduate Scheme in Rehabilitation Sciences. Some of the examples are:

- Theory and practice of sports physiotherapy
- Contemporary issues in exercise sciences and exercise prescription

### Examples of the Project Type:

- Strategies for sports injury prevention
- Evidence-based practice of sports physiotherapy
- Epidemiological studies of sports injury

### ADMISSION REQUIREMENTS

Student should possess:

- A Bachelor's degree in physiotherapy or related rehabilitation disciplines from PolyU or a recognized institution or the equivalent, preferably with one year of post-qualification work experience in physiotherapy;

### OR

- A professional diploma in Physiotherapy or related rehabilitation disciplines from the PolyU or a recognized institution or the equivalent, with two years of work experience and evidence of continuous education over the past two years.

### GENERAL INFORMATION

- Website: [www.rs.polyu.edu.hk](http://www.rs.polyu.edu.hk)
- Email: [rsdept@polyu.edu.hk](mailto:rsdept@polyu.edu.hk)
- Telephone: +852 2766 6728 / 2766 6726

For admission, please visit [Study@PolyU](mailto:Study@PolyU):  
[www.polyu.edu.hk/study](http://www.polyu.edu.hk/study)



THE HONG KONG  
 POLYTECHNIC UNIVERSITY  
 香港理工大學



## Postgraduate Scheme in Rehabilitation Sciences

# Master of Science in Sports Physiotherapy

(Programme Code 51062-SPF (Full-time) /SPP (Part-time))



(Programme Code 51062-SPF (Full-time) /SPP (Part-time))

### Mode of Study

### Duration

### Total Number of Credits

### Tuition Fees

Part-time or Full-time

Part-time: 2.5 years

Full-time: 1 year

30 credits

For tuition fees, please refer to the website.

<https://www.polyu.edu.hk/rs/>

*(Study>Taught Postgraduate Studies>MSC Programme>Master of Science in Sports Physiotherapy)*

## PROGRAMME STRUCTURE

- One compulsory subject (3 credits)
- Five core subjects (15 credits)
- Two elective subjects (6 credits)
- Project study (6 credits)

## CORE SUBJECTS

### Diagnostic Procedures in Musculoskeletal Physiotherapy

Provides knowledge of the use of musculoskeletal diagnostic imaging required for screening, triage clinical reasoning and specialists' referral relevant to the practice of sports and musculoskeletal physiotherapy.

### Musculoskeletal Injury and Repair

Provides a holistic understanding of the etiology of common musculoskeletal problems and how the body's natural repair process functions in response to injuries and how physiotherapy augments tissue healing.

### Advanced Practice & Clinical Integration in Sports Physiotherapy

Provides students with the knowledge and hands-on training in the assessment, treatment and rehabilitation of sports injuries at an advanced level.

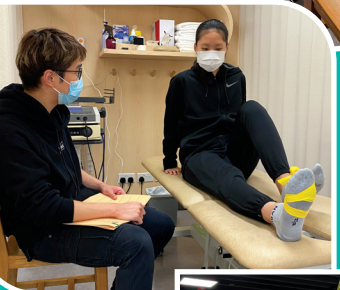
### Clinical Practice I in Sports Physiotherapy

Provides the opportunities for students to integrate the knowledge and application of skills as on-field sports physiotherapists for selected sports, and management of injured athletes in sports clinic.

### Clinical Practice II in Sports Physiotherapy

Provides the opportunities for students to integrate the content knowledge and application of skills in practical settings of professional sport teams and elite athletes.

<sup>4</sup>This programme does not confer eligibility for registration with the Physiotherapist Board of Hong Kong



The Programme is designed to equip students with advanced knowledge in Sports Physiotherapy that will enable them to meet the changing needs of Sports Physiotherapy services in Hong Kong. The Programme also aims to foster students with critical thinking and lifelong learning skills required for maintaining excellence in practice as a Sports Physiotherapist.

## UNIQUE FEATURES

This award offers unique clinical specialization in the practice of sports physiotherapy. These include:

- Evidence-based clinical practice
- Specialized sports clinics placement, on-field sports physiotherapy experience, and attachment to professional sports teams
- Unique clinical attachments to the national and international sports teams
- Clinical research with state-of-the-art facilities