“I Don’t Think I am Fat” The Combined Effect of Objective Body Weight, Perceived Body Weight, and Gender on Illness-Related Absenteeism

By

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All interested are welcome
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ABSTRACT

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The current study examined the combined effect of objective body weight, perceived body weight, and gender on illness-related absenteeism. A sample of 162 white-collar employees was surveyed. Findings show that for female employees, the objective body weight was positively related to illness-related absenteeism, only when they perceived themselves as overweight. However, the weight-absenteeism relationship was not significant for male employees irrespective of the levels of perceived body weight.